

COATESVILLE CROSS COUNTRY



2013

Book Design by Steven Massaro

Special Thanks to:

Coach Andrew

Coach Smith

Kyle McCausland

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2013 SCHEDULE

Date	Meet	Location	Time
August 17	Alumni (Time Trial)	Hibernia Park	9:00 am
August 22	McCaskey & Reading	Away	5:00 pm
August 27	Conestoga Valley	Away	4:15 pm
August 31	Big Valley Invitational	Away	9:30 am
September 4	Downingtown West	Springton Manor Farm	4:00 pm
September 7	PennTrackXC.com Invitational	Kutztown University	10:00 am
September 11	Avon Grove & Henderson	Away: Oakbourne Park	4:00 pm
September 25	Downingtown East	Away	4:00 pm
September 28	Carlisle Invitational	Away	9:30 am
October 2	Bishop Shanahan & West Chester East	Away	4:00 pm
October 5	Steel City Invitational	Home	9:00 am
October 18	Ches-Mont Championships	Away	10:30 am
October 25	District I Championships	Lehigh University	9:00 am

BOYS 2013 SEASON SUMMARY

Downingtown West 16	Coatesville 46
West Chester Henderson 15	Coatesville 48
Avon Grove 32	Coatesville 25
Downingtown East 22	Coatesville 36
West Chester East 22	Coatesville 38
Bishop Shanahan 39	Coatesville 21

Big Valley Invitational: AAA Race – 3rd place team
PennTrackXC.com Invitational: Blue Race – 1st place team
Carlisle Invitational: Championship race – 4th place team
Steel City Invitational: 1st place team
Ches-Mont Championships: 6th place team

Overall Division League Record

Wins: 2
Losses: 4
Overall: 5th place

GIRLS 2013 SEASON SUMMARY

Downingtown West 15	Coatesville 48
West Chester Henderson 15	Coatesville 46
Avon Grove 23	Coatesville 32
Downingtown East 15	Coatesville 50
West Chester East 31	Coatesville 26
Bishop Shanahan 43	Coatesville 18

Big Valley Invitational: AAA Race – 3rd place team
PennTrackXC.com Invitational: Blue Race – 5th place team
Carlisle Invitational: Championship race – 7th place team
Steel City Invitational: 2nd place team
Ches-Mont Championships: 7th place team

Overall Division League Record

Wins: 2
Losses: 4
Overall: 5th place

INVITATIONAL AWARD WINNERS

Big Valley Invitational

Varsity Girls

Erin Boulger	AAA 6 th place, Overall 15 th place
Natalie Thomas	AAA 10 th place, Overall 23 rd place

Varsity Boys

Marlowe Toolles	AAA 9 th place, Overall 12 th place
TJ Mirenda	AAA 10 th place, Overall 13 th place
Blake Ettien	AAA 11 th place, Overall 14 th place

Junior Varsity Girls

Krysten Rimmer	Overall 6 th place
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Junior Varsity Boys

Connor Riisen	Overall 6 th place
Ian Dietrich	Overall 9 th place
Josh Okumura	Overall 10 th place

PennTrackXC.com Invitational

Varsity Boys

TJ Mirenda	Overall 7 th place
Marlowe Toolles	Overall 8 th place
Blake Ettien	Overall 11 th place

Junior Varsity Boys

Connor Riisen	Overall 14 th place
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Steel City Invitational

Varsity Girls

Erin Boulger	Overall 1 st place
Corinne Gallagher	Overall 4 th place
Natalie Thomas	Overall 6 th place
Johanna Lamb	Overall 10 th place
Makayla Eberly	Overall 14 th place
Danielle McFadien	Overall 16 th place
Taylor Riisen	Overall 22 nd place

Varsity Boys

TJ Mirenda	Overall 1 st place
Robert Ruprecht	Overall 2 nd place
Blake Ettien	Overall 3 rd place
Josh Okumura	Overall 4 th place

Jared Henderson	Overall 11 th place
Ian Dietrich	Overall 12 th place
Nate Gemmell	Overall 16 th place

Junior Varsity Girls

Krysten Rimmer	Overall 1 st place
Kayla Pomorski	Overall 3 rd place

Junior Varsity Boys

Connor Riisen	Overall 1 st place
Jack Griffith	Overall 3 rd place
Josh Konitzer	Overall 4 th place
Danny Hackmeister	Overall 5 th place
Cayton Hornberger	Overall 6 th place
Jack Boccelli	Overall 7 th place
Robbie Tipton	Overall 9 th place

Ches-Mont Championships

Varsity Girls

Erin Boulger	Overall 16 th place
Natalie Thomas	Overall 23 rd place

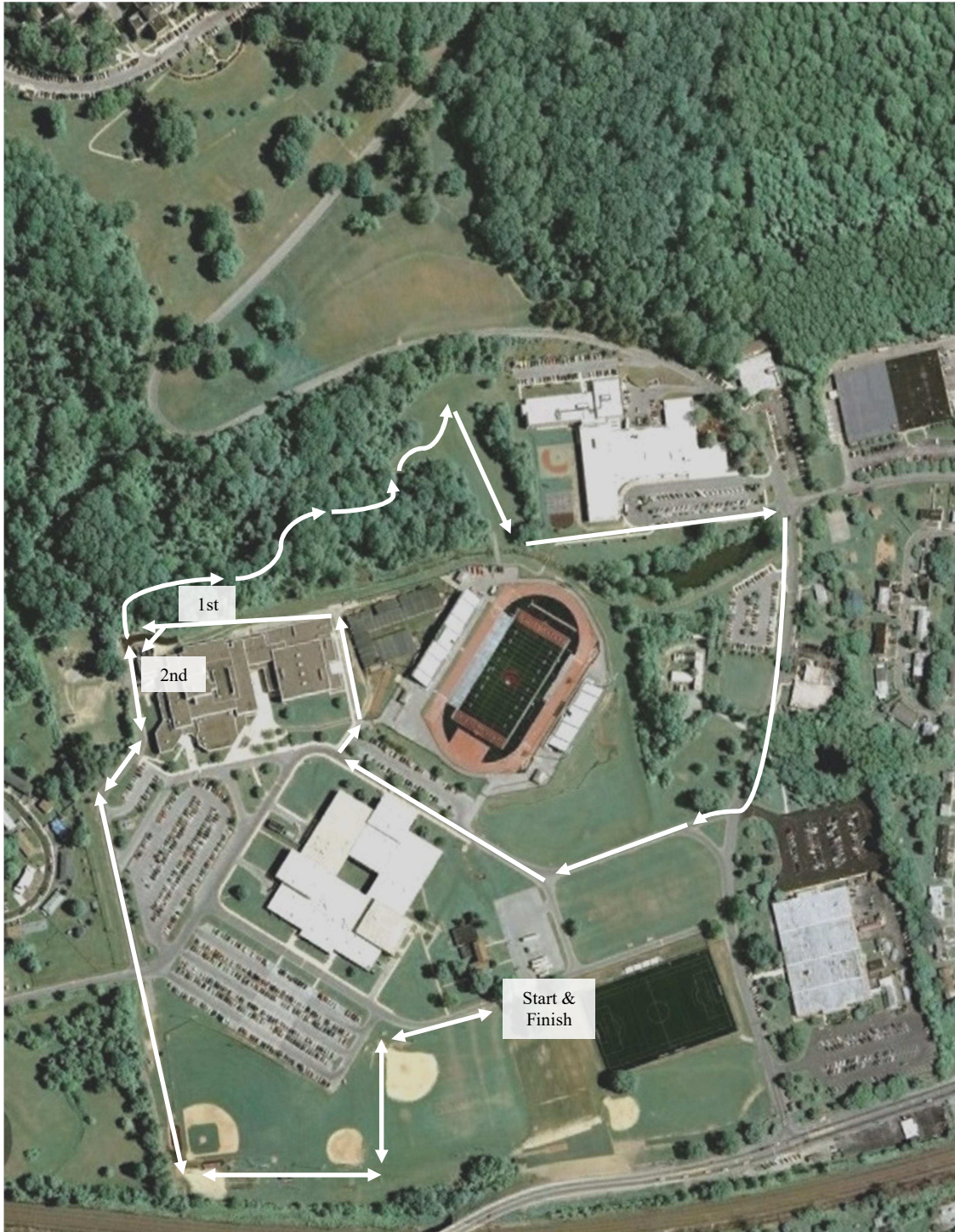
Varsity Boys

Blake Ettien	Overall 22 nd place
TJ Mirenda	Overall 23 rd place

2013 HOME COURSE

Boys Record: Kyle Dawson – 15:45 (Coatesville 2006)

Girls Record: Carly Hammond – 19:33 (Henderson 2007)



PERSONAL RECORDS

Name	Career Personal Record (5K)	2013 Personal Record (5K)
Linnie Booz		17:56
Deiondre Brown	20:35	19:57
Danny Hackmeister	18:41	18:19
Steven Massaro	17:38	
Kyle McCausland	19:15	18:26
Christoff Abraham	26:06	
Joshua Cartagena	19:35	19:59
Ian Dietrich	18:59	17:03
Nate Gemmell	19:18	18:10
Jared Henderson	18:36	17:20
Josh Konitzer	18:03	17:40
TJ Mirenda	18:49	16:46
Josh Okumura		17:01
Connor Riisen	17:58	17:24
Robert Ruprecht	18:06	16:55
Marlowe Tooles	17:12	16:45
Jack Boccelli	18:59	18:19
Blake Ettien	18:04	16:32
Jack Griffith	19:45	17:50
Cayton Hornberger		18:45
Roger Maris	28:10	20:00
Robbie Tipton	19:33	18:26
Jon Woodard	22:51	19:50
Keron Butcher		25:20
Alex Cartagena		28:00

Kelly Boulger	20:06	
Johanna Lamb	22:32	21:15
Danielle McFaden	23:18	21:24
Corinne Mendenhall	26:03	
Lauren Griffith		23:19
Chelsea Sorgi		25:57
Natalie Thomas	21:44	20:29
Erin Boulger		19:17
Makayla Eberly		20:52
Corinne Gallagher		19:56
Kayla Pomorski		23:22
Krysten Rimmer		21:35
Taylor Riisen		20:59

BOYS 2013 MEET TIMES

	Grade	Alumni (Time Trial)	McCaskey & Reading	Conestoga Valley	Big Valley Invitational	Downingtown West	PennTrackXC.com Invitational	Avon Grove & Henderson	Downingtown East	Carlisle Invitational	Bishop Shanahan & West Chester East	Steel City Invitational	Ches-Mont Championships	District I Championships
Christoff Abraham	11	26:41	30:54	26:18	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Jack Boccelli	10	21:03	21:23	DNR	19:33	21:47	19:24	21:11	20:19	18:42	20:45	20:41	18:53	18:19
Linnie Booz	12		22:10	18:52	18:04	19:36	18:17	18:50	18:43	18:55	19:05	DNR	19:10	17:56
Deiondre Brown	12	22:40	23:13	21:48	21:28	22:01	21:47	19:57	21:15	20:41	21:30	21:46	21:03	20:00
Keron Butcher	9										26:18	25:20	DNR	DNR
Alex Cartagena	9	DNR	43:12	DNR	DNR	DNR	DNR	DNR	DNR	DNR	33:09	DNR	28:00	DNR
Joshua Cartagena	11	22:21	DNF	DNF	19:59	DNR	20:27	DNR	DNR	DNF	DNF	DNR	DNR	DNR
Ian Dietrich	11	19:48	DNR	19:21	18:33	20:18	18:58	DNR	18:38	17:55	19:34	18:54	18:00	17:03
Blake Ettien	10	19:17	19:35	18:16	17:21	18:56	17:35	18:05	18:09	17:20	18:18	18:26	17:15	16:32
Nate Gemmell	11	19:38	20:36	19:21	18:38	19:34	18:35	19:25	19:10	19:07	19:53	19:38	19:20	18:10
Jack Griffith	10	20:07	22:09	24:56	18:58	22:41	19:35	19:56	19:30	18:44	20:02	19:42	19:14	17:50
Danny Hackmeister	12	21:25	22:59	21:54	20:37	21:53	20:31	22:19	21:14	19:20	21:29	20:35	19:30	18:19
Jared Henderson	11	19:01	20:36	18:37	18:07	19:18	18:05	18:53	18:34	18:16	18:49	18:50	18:02	17:20
Cayton Homberger	10	23:01	23:26	22:46	20:56	22:07	22:19	20:57	21:44	20:13	20:57	20:36	20:06	18:45
Joshua Konitzer	11	22:45	DNR	20:01	20:28	20:14	19:03	22:17	19:20	18:22	21:23	20:23	18:31	17:40
Roger Maris	10	23:09	24:40	23:36	21:48	24:10	22:05	23:44	22:31	21:01	23:33	23:23	20:58	20:00
Steven Massaro	12	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Kyle McCausland	12	DNR	25:03	22:33	20:40	22:18	21:15	24:37	20:42	20:13	20:53	21:34	20:13	18:26
TJ Mirenda	11	18:07	18:48	18:08	17:21	18:18	17:28	17:51	17:30	17:07	18:20	17:50	17:16	16:46
Josh Okumura	11	DNR	DNR	DNR	18:38	19:22	18:20	18:21	18:25	17:43	18:45	18:32	17:50	17:01
Connor Riisen	11	19:12	DNR	20:34	18:24	21:15	18:37	20:54	19:00	17:50	21:12	18:38	18:25	17:24
Robert Ruprecht	11	18:52	19:27	18:06	17:55	19:22	18:03	17:56	18:05	17:26	18:35	18:24	17:46	16:55
Robbie Tipton	10	22:35	21:58	DNF	20:25	21:28	20:37	DNR	21:13	19:15	22:01	20:58	19:24	18:26
Marlowe Toolles	11	17:59	20:27	19:55	17:20	18:27	17:33	18:17	DNR	17:18	18:40	DNR	17:34	16:45
Jon Woodard	10	22:51	DNR	22:47	21:47	23:52	22:00	22:59	22:22	20:52	22:30	22:28	20:42	19:50

GIRLS 2013 MEET TIMES

	Grade	Alumni (Time Trial)	McCaskey & Reading	Conestoga Valley	Big Valley Invitational	Downingtown West	PennTrackXC.com Invitational	Avon Grove & Henderson	Downingtown East	Carlisle Invitational	Bishop Shanahan & West Chester East	Steel City Invitational	Ches-Mont Championships	District I Championships
Kelly Boulger	12	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Erin Boulger	10	DNR	DNR	DNR	20:54	DNR	DNR	DNR	DNR	DNR	DNR	21:13	20:08	19:17
Makayla Eberly	9	25:54	DNR	DNR	DNR	25:25	22:57	22:43	21:42	20:52	22:27	24:08	22:02	DNR
Lauren Griffith	11	25:33	DNR	23:07	23:37	25:46	23:40	23:26	24:30	23:19	24:23	DNR	DNR	DNR
Corinne Gallagher	9	DNR	DNR	DNF	22:53	24:34	22:20	22:40	21:31	20:40	21:54	22:17	20:47	19:56
Johanna Lamb	12	24:37	25:25	24:17	24:08	24:10	22:28	23:13	22:36	21:30	23:56	23:18	21:49	21:15
Danielle McFadien	12	27:09	30:14	24:47	23:46	26:27	DNR	23:56	24:38	22:17	24:12	24:19	22:26	21:24
Kayla Pomorski	9	DNR	DNR	DNR	DNR	31:16	27:57	DNR	29:35	DNR	28:21	27:25	24:35	23:22
Chelsea Sorgi	11	DNF	DNR	DNF	27:14	29:59	DNR	DNR	25:57	QUIT	QUIT	QUIT	QUIT	QUIT
Taylor Riisen	9	25:46	29:19	DNF	22:21	24:41	22:44	DNR	DNF	21:40	23:25	25:27	21:51	20:59
Krysten Rimmer	9	DNF	DNF	DNR	23:12	DNR	DNR	DNR	DNR	23:07	25:50	26:12	23:28	21:35
Natalie Thomas	11	23:25	25:09	22:36	21:22	23:42	22:05	22:05	21:44	21:27	21:35	22:37	20:29	21:12

ALUMNI (TIME TRIAL)

Saturday, August 17, 2013

Hibernia Park

Name	Mile 1	Mile 2+		Finish		Place
Jackson Davis	5:32	7:34	13:06	4:50	17:56	1 st
Marlowe Tooles	5:33	7:33	13:06	4:53	17:59	2 nd
T.J. Mirenda	5:34	7:37	13:11	4:56	18:07	3 rd
Robert Ruprecht	5:44				18:52	4 th
Jared Henderson	5:42				19:01	5 th
Connor Riisen	5:35	8:20	13:55	5:17	19:12	6 th
Blake Ettien	5:46	8:16	14:02	5:15	19:17	7 th
Nate Gemmell	6:02	8:21	14:23	5:15	19:38	8 th
Ian Dietrich	5:51	8:27	14:18	5:30	19:48	9 th
Michael M	5:51	8:23	14:14	5:48	20:02	10 th
Jack Griffith	5:55	8:39	14:34	5:33	20:07	11 th
Jack Boccelli	6:13	8:53	15:06	5:57	21:03	12 th
Danny Hackmeister	6:37	8:58	15:35	5:50	21:25	13 th
Josh Cartagena	6:30	9:32	16:02	6:19	22:21	14 th
Brooke Hutton	6:56	9:35	16:31	5:57	22:28	15 th
Robbie Tipton	6:38	9:52	16:30	6:05	22:35	16 th
Deiondre Brown	6:38	9:46	16:24	6:16	22:40	17 th
Josh Konitzer	6:41				22:45	18 th
Jon Woodard	6:51	9:51	16:42	6:09	22:51	19 th
Cayton Hornberger	6:56				23:01	20 th
Roger Maris	7:14				23:09	21 st
Natalie Thomas	7:05				23:25	22 nd
Johanna Lamb	7:14				24:37	23 rd
Joe Dietrich	8:58				25:01	24 th
Don Davis	8:15				25:20	25 th
Lauren Griffith	7:30				25:33	26 th
Taylor Riisen	7:22				25:46	27 th
Makayla Eberly	7:36				25:54	28 th
Jim Gemmell	9:02				25:56	29 th
Hayley Davis	8:15				25:59	30 th
Nate Henderson	7:36				26:40	31 st
Christoff Abraham	7:46				26:41	32 nd
Allison Hemlock	7:46				26:49	33 rd
Danielle McFadien	8:11				27:09	34 th
Pete Massaro	8:58				27:45	35 th

Name	Mile 1	Mile 2+		Finish		Place
Linnie Booz	5:33				DNF	
Krysten Rimmer	7:23				DNF	
Chelsea Sorgi	8:26				DNF	
Shannon Gemmell	9:06				DNF	
Alex Cartagena	11:29				DNF	
Kyle McCausland					DNR	

McCASKEY & READING

Thursday, August 22, 2013

Away

Name	Mile 1	Finish	Place
TJ Mirenda	5:45	18:48	2 nd
Robert Ruprecht	5:47	19:27	3 rd
Blake Ettien	5:43	19:35	4 th
Marlowe Toolles	5:53	20:27	7 th
Nate Gemmell	6:16	20:36	8 th
Jared Henderson	6:03	20:36	9 th
Jack Boccelli	6:23	21:23	13 th
Robbie Tipton	6:32	21:58	16 th
Jack Griffith		22:09	17 th
Linnie Booz	6:15	22:10	18 th
Danny Hackmeister	6:51	22:59	21 st
Deiondre Brown	6:41	23:13	23 rd
Cayton Hornberger	6:49	23:36	24 th
Roger Maris	7:08	24:40	27 th
Kyle McCausland		25:03	28 th
Christoff Abraham	8:30	30:54	35 th
Alex Cartagena		43:12	36 th
Joshua Cartagena		DNF	
Josh Konitzer		DNR	
Connor Riisen		DNR	
Jon Woodard		DNR	

Natalie Thomas	7:40	25:09	4 th
Johanna Lamb	8:03	25:25	6 th
Taylor Riisen	7:58	29:19	8 th
Danielle McFadien	9:20	30:14	10 th

CONESTOGA VALLEY

Tuesday, August 27, 2013

Away

Name	Mile 1	Mile 2		Finish		Place
Robert Ruprecht	5:03	6:44	11:47	6:19	18:06	1 st
TJ Mirenda	5:03	6:50	11:53	6:15	18:08	2 nd
Blake Ettien	5:01	6:55	11:56	6:20	18:16	3 rd
Jared Henderson	5:14	7:04	12:18	6:19	18:37	4 th
Linnie Booz	5:03	7:20	12:23	6:29	18:52	5 th
Nate Gemmell	5:21	7:30	12:51	6:30	19:21	6 th
Ian Dietrich	5:10	7:28	12:38	6:43	19:21	7 th
Marlowe Tooles	5:12	7:44	12:56	6:59	19:55	8 th
Josh Konitzer	5:26	7:43	13:09	6:52	20:01	9 th
Connor Riisen	5:20	7:56	13:16	7:18	20:34	10 th
Deiondre Brown	5:36	8:19	13:55	7:53	21:48	11 th
Danny Hackmeister	6:02	8:30	14:32	7:22	21:54	12 th
Kyle McCausland	5:52	8:53	14:45	7:48	22:33	13 th
Cayton Hornberger	6:07	8:48	14:55	7:51	22:46	14 th
Jon Woodard	6:05	8:50	14:55	7:52	22:47	15 th
Roger Maris	6:06	8:55	15:01	8:35	23:36	16 th
Jack Griffith	5:59	9:18	15:17	8:49	24:06	17 th
Christoff Abraham	6:44				26:18	18 th
Josh Cartagena	5:53				DNF	
Robbie Tipton	6:29				DNF	
Alex Cartagena					DNR	
Jack Boccelli					DNR	
Josh Okumura					DNR	

Natalie Thomas	6:13	8:46	14:59	7:37	22:36	
Johanna Lamb	6:36	9:16	15:52	8:25	24:17	
Danielle McFadien	7:05	9:15	16:20	8:27	24:47	
Lauren Griffith	6:15	8:57	15:12	7:55	23:07	
Taylor Riisen	6:59				DNF	
Corinne Gallagher	7:30				DNF	
Chelsea Sorgi	7:38				DNF	
Krysten Rimmer					DNR	
Kayla Pomorski					DNR	

BIG VALLEY INVITATIONAL

Saturday, August 31, 2013

Away

Name	Mile 1	Mile 2		Finish		Place
Marlowe Tooles	5:11	5:49	11:00	6:20	17:20	12 th
TJ Mirenda	5:13	5:39	10:52	6:29	17:21	13 th
Blake Ettien	5:12	5:39	10:51	6:30	17:21	14 th
Robert Ruprecht	5:18	5:51	11:09	6:46	17:55	24 th
Linnie Booz	5:18	5:54	11:12	6:52	18:04	25 th
Jared Henderson	5:27	5:54	11:21	6:46	18:07	26 th
Connor Riisen	5:17	6:05	11:22	7:02	18:24	6 th JV
Ian Dietrich	5:21	6:10	11:31	7:02	18:33	9 th JV
Nate Gemmell	5:30	6:11	11:41	6:57	18:38	44 th
Josh Okumura	5:20	6:16	11:36	7:02	18:38	10 th JV
Jack Griffith	5:30	6:27	11:57	7:01	18:58	17 th JV
Jack Boccelli	5:39	5:45	11:24	8:09	19:33	22 nd JV
Joshua Cartagena	5:29	6:00	11:29	8:30	19:59	29 th JV
Robbie Tipton	6:07	6:55	13:02	7:23	20:25	32 nd JV
Josh Konitzer	5:42	5:47	11:29	8:59	20:28	33 rd JV
Danny Hackmeister	6:07	6:54	13:01	7:36	20:37	39 th JV
Kyle McCausland	5:57	5:50	11:47	8:53	20:40	40 th JV
Cayton Hornberger	6:17	6:50	13:07	7:49	20:56	47 th JV
Deiondre Brown	5:58	7:08	13:06	8:22	21:28	60 th JV
Jon Woodard	6:17	7:22	13:39	8:08	21:47	66 th JV
Roger Maris	6:20	7:22	13:42	8:06	21:48	67 th JV

Erin Boulger	6:07	6:54	13:01	7:53	20:54	15 th
Natalie Thomas	6:08	7:11	13:19	8:03	21:22	23 rd
Taylor Riisen	6:20	7:31	13:51	8:30	22:21	45 th
Corinne Gallagher	6:36	7:39	14:15	8:38	22:53	56 th
Krysten Rimmer	6:37	7:35	14:12	9:00	23:12	6 th JV
Lauren Griffith	6:31	7:55	14:26	9:11	23:37	66 th
Danielle McFadien	6:57	7:46	14:43	9:03	23:46	68 th
Johanna Lamb	6:42	8:04	14:46	9:22	24:08	77 th
Chelsea Sorgi	7:46	8:57	16:43	10:31	27:14	51 st JV

DOWNTOWN WEST

Wednesday, September 4, 2013

Springton Manor Farm

Name	Mile 1	Finish	Place
TJ Mirenda	5:31	18:18	5 th
Marlowe Tooles	5:31	18:27	8 th
Blake Ettien	5:34	18:56	13 th
Jared Henderson	5:38	19:18	16 th
Robert Ruprecht	5:41	19:22	17 th
Josh Okumura	5:54	19:22	18 th
Nate Gemmell	5:42	19:34	21 st
Linnie Booz	5:37	19:36	22 nd
Josh Konitzer	5:55	20:14	27 th
Ian Dietrich	5:56	20:18	28 th
Connor Riisen	5:51	21:15	33 rd
Robbie Tipton	6:07	21:28	35 th
Jack Boccelli	6:07	21:47	36 th
Danny Hackmeister	6:08	21:53	37 th
Deiondre Brown	6:06	22:01	38 th
Cayton Hornberger	6:38	22:07	39 th
Kyle McCausland	6:23	22:18	42 nd
Jack Griffith	6:32	22:41	43 rd
Jon Woodard	6:40	23:52	47 th
Roger Maris	6:42	24:10	49 th
Joshua Cartagena		DNR	

Natalie Thomas	6:50	23:42	7 th
Johanna Lamb	6:55	24:10	8 th
Corinne Gallagher	7:00	24:34	10 th
Taylor Riisen	6:55	24:41	11 th
Makayla Eberly	6:55	25:25	17 th
Lauren Griffith	7:17	25:46	19 th
Danielle McFadien	7:27	26:27	21 st
Chelsea Sorgi	8:43	29:59	30 th
Kayla Pomorski	8:43	31:16	33 rd
Krysten Rimmer		DNR	
Erin Boulger		DNR	

PENNTACKXC.COM INVITATIONAL

Saturday, September 7, 2013

Kutztown University

Name	Mile 1	Mile 2		Finish		Place
TJ Mirenda	5:19	5:45	11:04	6:24	17:28	7 th
Marlowe Tooles	5:17	5:53	11:10	6:23	17:33	8 th
Blake Ettien	5:18	5:53	11:11	6:24	17:35	11 th
Robert Ruprecht	5:26	5:57	11:23	6:40	18:03	26 th
Jared Henderson	5:24	6:03	11:27	6:38	18:05	29 th
Linnie Booz	5:22	6:05	11:27	6:50	18:17	37 th
Josh Okumura	5:35	6:06	11:41	6:39	18:20	39 th
Nate Gemmell	5:34	6:14	11:48	6:47	18:35	48 th
Connor Riisen	5:34	6:17	11:51	7:07	18:58	14 th JV
Ian Dietrich	5:34	6:17	11:51	7:07	18:58	27 th JV
Josh Konitzer	5:48	6:12	12:00	7:03	19:03	31 st JV
Jack Boccelli	5:46	6:22	12:08	7:16	19:24	48 th JV
Jack Griffith	5:56	6:28	12:24	7:11	19:35	57 th JV
Joshua Cartagena	5:59	6:47	12:46	7:41	20:27	128 th JV
Danny Hackmeister	6:29	6:35	13:04	7:27	20:31	131 st JV
Robbie Tipton	6:27	6:45	13:12	7:25	20:37	138 th JV
Kyle McCausland	6:10	6:59	13:09	8:06	21:15	185 th JV
Deiondre Brown	6:04	7:07	13:11	8:36	21:47	227 th JV
Jon Woodard	6:32	7:24	13:56	8:04	22:00	233 rd JV
Roger Maris	6:38	7:25	14:03	8:02	22:05	236 th JV
Cayton Hornberger	6:32	7:24	13:56	8:23	22:19	249 th JV

Natalie Thomas	6:41	7:19	14:00	8:05	22:05	28 th
Corinne Gallagher	6:53	7:20	14:13	8:07	22:20	32 nd
Johanna Lamb	6:48	7:31	14:19	8:09	22:28	39 th
Taylor Riisen	6:44	7:29	14:13	8:31	22:44	44 th
Makayla Eberly	6:51	7:40	14:31	8:26	22:57	51 st
Lauren Griffith	6:58	7:45	14:43	8:57	23:40	80 th
Kayla Pomorski	8:33	9:05	17:38	10:19	27:57	132 nd
Danielle McFadien					DNR	
Chelsea Sorgi					DNR	
Krysten Rimmer					DNR	
Erin Boulger					DNR	

AVON GROVE & HENDERSON

Wednesday, September 11, 2013

Oakbourne Park

Name	Mile 1	Mile 2		Finish		Place
TJ Mirenda	5:20	5:32	10:52	6:59	17:51	8 th
Robert Ruprecht	5:20	5:33	10:53	7:03	17:56	9 th
Blake Ettien	5:18	5:37	10:55	7:10	18:05	10 th
Marlowe Tooles	5:20	5:47	11:07	7:10	18:17	13 th
Josh Okumura	5:30	5:49	11:19	7:02	18:21	14 th
Linnie Booz	5:22	5:59	11:21	7:29	18:50	21 st
Jared Henderson	5:23	6:01	11:24	7:29	18:53	22 nd
Nate Gemmell	5:38	6:12	11:50	7:35	19:25	29 th
Jack Griffith	5:35	6:31	12:06	7:50	19:56	34 th
Deiondre Brown	5:37	6:23	12:00	7:57	19:57	35 th
Connor Riisen	5:32	7:21	12:53	8:01	20:54	46 th
Cayton Hornberger	6:07	6:41	12:48	8:09	20:57	48 th
Jack Boccelli	5:54	6:42	12:36	8:35	21:11	49 th
Josh Konitzer	5:36	6:39	12:15	10:02	22:17	61 st
Danny Hackmeister	6:13	7:12	13:25	8:54	22:19	62 nd
Jon Woodard	6:23	7:24	13:47	9:12	22:59	65 th
Roger Maris	6:35	7:30	14:05	9:39	23:44	68 th
Kyle McCausland	6:19	8:15	14:34	10:03	24:37	74 th
Ian Dietrich					DNR	
Joshua Cartagena					DNR	
Robbie Tipton					DNR	

Natalie Thomas	6:24	6:59	13:23	8:42	22:05	9 th
Corinne Gallagher	6:26	7:24	13:50	8:50	22:40	13 th
Makayla Eberly	6:28	7:13	13:41	9:02	22:43	14 th
Johanna Lamb	6:47	7:17	14:04	9:09	23:13	15 th
Lauren Griffith	6:42	7:28	14:10	9:16	23:26	18 th
Danielle McFadien	6:59	7:30	14:29	9:27	23:56	21 st
Taylor Riisen					DNR	
Chelsea Sorgi					DNR	
Kayla Pomorski					DNR	
Krysten Rimmer					DNR	
Erin Boulger					DNR	

DOWNTOWN EAST

Wednesday, September 25, 2013

Away

Name	Mile 1	Finish	Place
TJ Mirenda	5:24	17:30	3 rd
Robert Ruprecht	5:24	18:05	5 th
Blake Ettien	5:31	18:09	6 th
Josh Okumura	5:33	18:25	10 th
Jared Henderson	5:33	18:34	12 th
Ian Dietrich	5:38	18:38	13 th
Linnie Booz	5:36	18:43	14 th
Connor Riisen	5:30	19:00	15 th
Nate Gemmell	5:42	19:10	18 th
Josh Konitzer	5:39	19:20	22 nd
Jack Griffith	5:47	19:30	25 th
Jack Boccelli	5:50	20:19	31 st
Kyle McCausland	6:13	20:42	35 th
Robbie Tipton	6:28	21:13	37 th
Danny Hackmeister	6:11	21:14	38 th
Deiondre Brown	5:52	21:15	39 th
Cayton Hornberger	6:25	21:44	40 th
Jon Woodard	6:29	22:22	43 rd
Roger Maris	6:33	22:31	45 th
Marlowe Tooles		DNR	
Joshua Cartagena		DNR	

Name	Mile 1	Mile 2		Finish		Place
Corinne Gallagher	6:26	7:06	13:32	7:59	21:31	9 th
Makayla Eberly	6:27	7:13	13:40	8:02	21:42	10 th
Natalie Thomas	6:25	7:15	13:40	8:04	21:44	11 th
Johanna Lamb	6:45	7:37	14:22	8:14	22:36	15 th
Danielle McFadien	7:11	8:20	15:31	8:07	23:38	23 rd
Lauren Griffith	7:16	8:00	15:16	9:14	24:30	21 st
Chelsea Sorgi	7:33	8:35	16:08	9:49	25:57	27 th
Kayla Pomorski	7:53	10:07	18:00	11:35	29:35	33 rd
Taylor Riisen	7:02	8:15	15:17		DNF	
Krysten Rimmer					DNR	
Erin Boulger					DNR	

CARLISLE INVITATIONAL

Saturday, September 28, 2013

Away

Name	Mile 1	Mile 2		Finish		Place
TJ Mirenda	5:24	5:33	10:57	6:10	17:07	25 th
Marlowe Tooles	5:17	5:41	10:58	6:20	17:18	37 th
Blake Ettien	5:27	5:36	11:03	6:17	17:20	39 th
Robert Ruprecht	5:26	5:51	11:17	6:09	17:26	55 th
Josh Okumura	5:28	5:50	11:18	6:25	17:43	87 th
Connor Riisen	5:25	5:53	11:18	6:32	17:50	22 nd JV
Ian Dietrich	5:33	5:51	11:24	6:31	17:55	111 th
Jared Henderson	5:28	6:05	11:33	6:43	18:16	148 th
Josh Konitzer	5:38	5:49	11:27	6:55	18:22	45 th JV
Jack Boccelli	5:31	6:18	11:49	6:53	18:42	58 th JV
Jack Griffith	5:32	6:28	12:00	6:44	18:44	62 nd JV
Linnie Booz	5:29	6:15	11:44	7:11	18:55	72 nd JV
Nate Gemmell	5:47	6:24	12:11	6:56	19:07	81 st JV
Robbie Tipton	5:58	6:20	12:18	6:57	19:15	92 nd JV
Danny Hackmeister	5:53	6:28	12:21	6:59	19:20	94 th JV
Kyle McCausland	6:06	6:36	12:42	7:31	20:13	142 nd JV
Cayton Hornberger	6:07	6:45	12:52	7:21	20:13	164 th JV
Deiondre Brown	5:58	6:52	12:50	7:51	20:41	163 rd JV
Jon Woodard	6:23	6:57	13:20	7:32	20:52	199 th JV
Roger Maris	6:31	6:59	13:30	7:31	21:01	210 th JV
Joshua Cartagena	5:42				DNF	

Corinne Gallagher	6:11	6:54	13:05	7:35	20:40	33 rd
Makayla Eberly	6:14	6:55	13:09	7:43	20:52	44 th
Natalie Thomas	6:16	7:09	13:25	8:02	21:27	76 th
Johanna Lamb	6:36	7:08	13:44	7:46	21:30	80 th
Taylor Riisen	6:17	7:20	13:37	8:03	21:40	91 st
Danielle McFadien	6:55	7:16	14:11	8:06	22:17	131 st
Krysten Rimmer	6:57	7:41	14:38	8:29	23:07	107 th JV
Lauren Griffith	7:01	7:37	14:38	8:41	23:19	185 th
Chelsea Sorgi					DNR	
Kayla Pomorski					DNR	
Erin Boulger					DNR	

BISHOP SHANAHAN & WEST CHESTER EAST

Wednesday, October 2, 2013

Away

Name	Mile 1	Finish	Place
Blake Ettien	5:22	18:18	6 th
TJ Mirenda	5:27	18:20	7 th
Robert Ruprecht	5:33	18:36	8 th
Marlowe Tooles	5:25	18:40	9 th
Josh Okumura	5:34	18:44	11 th
Jared Henderson	5:36	18:49	12 th
Linnie Booz	5:37	19:06	14 th
Ian Dietrich	5:34	19:34	19 th
Nate Gemmell	5:46	19:53	26 th
Jack Griffith	6:02	20:03	29 th
Jack Boccelli	6:06	20:46	36 th
Kyle McCausland	6:00	20:53	37 th
Cayton Hornberger	6:11	20:57	40 th
Connor Riisen	5:48	21:12	42 nd
Josh Konitzer	5:42	21:23	47 th
Danny Hackmeister	6:22	21:29	51 st
Deiondre Brown	6:10	21:30	51 st
Robbie Tipton	6:23	22:01	53 rd
Jon Woodard	6:31	22:31	56 th
Roger Maris	6:34	23:33	60 th
Keron Butcher	7:05	26:18	68 th
Alex Cartagena		33:09	74 th
Joshua Cartagena	5:56	DNF	

Natalie Thomas	6:20	21:35	2 nd
Corinne Gallagher	6:23	21:54	3 rd
Makayla Eberly	6:20	22:27	3 rd
Taylor Riisen	6:29	23:25	9 th
Johanna Lamb	6:55	23:56	11 th
Danielle McFadien	6:57	24:12	12 th
Lauren Griffith	6:54	24:23	13 th
Krysten Rimmer	7:26	25:50	23 rd
Kayla Pomorski	8:18	28:21	31 st

STEEL CITY INVITATIONAL

Saturday, October 5, 2013

Home

Name	Mile 1	Mile 2		Finish		Place
TJ Mirenda	5:16	6:36	11:52	5:58	17:50	1 st
Robert Ruprecht	5:20	6:53	12:13	6:11	18:24	2 nd
Blake Ettien	5:24	6:56	12:20	6:06	18:26	3 rd
Josh Okumura	5:30	6:55	12:25	6:07	18:32	4 th
Connor Riisen	5:22	7:05	12:27	6:11	18:38	1 st JV
Jared Henderson	5:30	7:05	12:35	6:15	18:50	11 th
Ian Dietrich	5:21	7:02	12:23	6:31	18:54	12 th
Nate Gemmell	5:41	7:22	13:03	6:35	19:38	16 th
Jack Griffith	5:34	7:31	13:05	6:37	19:42	3 rd JV
Josh Konitzer	5:41	7:46	13:27	7:06	20:33	4 th JV
Danny Hackmeister	5:55	7:45	13:40	6:55	20:35	5 th JV
Cayton Hornberger	5:56	7:47	13:43	6:53	20:36	6 th JV
Jack Boccelli	5:41	7:58	13:39	7:02	20:41	7 th JV
Robbie Tipton	6:02	8:10	14:12	6:46	20:58	9 th JV
Kyle McCausland	6:02	8:19	14:21	7:13	21:34	11 th JV
Deiondre Brown	5:58	8:37	14:35	7:11	21:46	13 th JV
Jon Woodard	6:11	8:42	14:53	7:35	22:28	17 th JV
Roger Maris	6:36	8:58	15:34	7:49	23:23	19 th JV
Keron Butcher	7:02	10:11	17:13	8:07	25:20	22 nd JV

Erin Boulger	6:06	7:55	14:01	7:12	21:13	1 st
Corinne Gallagher	6:15	8:33	14:48	7:29	22:17	4 th
Natalie Thomas	6:18	8:47	15:05	7:32	22:37	6 th
Johanna Lamb	6:40	8:45	15:25	7:53	23:18	10 th
Makayla Eberly	6:25	9:48	16:13	7:55	24:08	14 th
Danielle McFadien	6:53	9:22	16:15	8:04	24:19	16 th
Taylor Riisen	6:24	10:53	17:17	8:10	25:27	22 nd
Krysten Rimmer	7:19	10:07	17:26	8:46	26:12	1 st JV
Kayla Pomorski	7:29	10:43	18:12	9:13	27:25	3 rd JV

CHES-MONT CHAMPIONSHIPS

Friday, October 18, 2013

Away

Name	Mile 1	Mile 2		Finish		Place
Blake Ettien	5:13	5:32	10:45	6:30	17:15	22 nd
TJ Mirenda	5:12	5:27	10:39	6:37	17:16	23 rd
Marlowe Tooles	5:12	5:33	10:45	6:49	17:34	34 th
Robert Ruprecht	5:14	5:44	10:58	6:48	17:46	38 th
Josh Okumura	5:20	5:50	11:10	6:40	17:50	39 th
Ian Dietrich	5:12	5:43	10:55	7:05	18:00	10 th JV
Jared Henderson	5:19	5:47	11:06	6:56	18:02	48 th
Connor Riisen	5:12	5:59	11:11	7:14	18:25	26 th JV
Josh Konitzer	5:30	5:45	11:15	7:16	18:31	30 th JV
Jack Boccelli	5:28	5:56	11:24	7:29	18:53	43 rd JV
Linnie Booz	5:23	6:15	11:38	7:32	19:10	76 th
Jack Griffith	5:30	6:11	11:41	7:33	19:14	77 th JV
Nate Gemmell	5:32	6:18	11:50	7:30	19:20	85 th JV
Robbie Tipton	5:38	6:27	12:05	7:19	19:24	89 th JV
Danny Hackmeister	5:40	6:28	12:08	7:22	19:30	98 th JV
Cayton Hornberger	5:45	6:25	12:10	7:56	20:06	135 th JV
Kyle McCausland	5:42	6:20	12:02	8:11	20:13	136 th JV
Jon Woodard	5:50	7:00	12:50	7:52	20:42	161 st JV
Roger Maris	5:54	7:03	12:57	8:01	20:58	174 th JV
Deiondre Brown	5:45	6:50	12:35	8:28	21:03	179 th JV
Alex Cartagena	7:58	9:12	17:10	10:50	28:00	265 th JV

Erin Boulger	5:59	6:28	12:27	7:41	20:08	16 th
Natalie Thomas	5:59	6:34	12:33	7:56	20:29	23 rd
Corinne Gallagher	5:59	6:51	12:50	7:57	20:47	31 st
Johanna Lamb	6:20	7:06	13:26	8:23	21:49	48 th
Taylor Riisen	6:13	7:12	13:25	8:26	21:51	49 th
Makayla Eberly	6:11	7:13	13:24	8:38	22:02	51 st
Danielle McFadien	6:28	7:08	13:36	8:50	22:26	61 st
Krysten Rimmer	6:44	7:39	14:23	9:05	23:28	37 th JV
Kayla Pomorski	6:59	8:11	15:10	9:25	24:35	64 th JV

DISTRICT I CHAMPIONSHIPS

Friday, October 25, 2013

Lehigh University

Name	Mile 1	Mile 2		Finish		Place
Blake Ettien	5:13	5:16	10:29	6:03	16:32	64 th
Marlowe Tooles	5:13	5:23	10:36	6:09	16:45	87 th
TJ Mirenda	5:15	5:22	10:37	6:09	16:46	95 th
Robert Ruprecht	5:18	5:24	10:42	6:13	16:55	120 th
Josh Okumura	5:18	5:31	10:49	6:12	17:01	153 rd
Ian Dietrich	5:19	5:30	10:49	6:14	17:03	158 th
Jared Henderson	5:21	5:30	10:51	6:29	17:20	211 th
Connor Riisen	5:16				17:24	
Josh Konitzer	5:32				17:40	
Jack Griffith	5:38				17:50	
Linnie Booz	5:36				17:56	
Nate Gemmell	5:39				18:10	
Jack Boccelli	5:38				18:19	
Danny Hackmeister	5:52				18:19	
Robbie Tipton	5:47				18:26	
Kyle McCausland	5:41				18:26	
Cayton Hornberger	5:48				18:45	
Jon Woodard	6:19				19:50	
Roger Maris	6:23				20:00	
Deiondre Brown	6:01				20:00	
Alex Cartagena					DNR	

Erin Boulger	6:06	6:11	12:17	7:00	19:17	52 nd
Corinne Gallagher	6:10	6:25	12:35	7:21	19:56	89 th
Taylor Riisen	6:19	6:44	13:03	7:56	20:59	184 th
Natalie Thomas	6:21	6:57	13:18	7:54	21:12	200 th
Johanna Lamb	6:31	5:53	12:24	8:51	21:15	204 th
Danielle McFadien	6:33	6:47	13:20	8:04	21:24	215 th
Krysten Rimmer	6:45	7:18	14:03	7:32	21:35	
Kayla Pomorski	7:04	7:59	15:03	8:19	23:22	
Makayla Eberly					DNR	

NEWSPAPER ARTICLES

PennTrackXC.com Invitational (September 7th, 2013)

PTXC Invitational: Coatesville captured first place with 81 points in the Blue Race at Kutztown University.

T.J. Mirenda led the Red Raiders with a seventh-place finish in 17:28. Marlowe Tooles was eighth (17:33), Blakely Ettien 11th (17:35), Robert Ruprecht 26th (18:03), Jared Henderson 29th (18:05), Linnie Booz 37th (18:17), and Joshua Okomura 39th (18:20).

PTXCS Invitational: Coatesville finished fifth overall in the Blue Race at Kutztown University.

Natalie Thomas was 28th (22:05), Corrine Gallagher 32nd (22:20), Johanna Lamb 39th (22:28), Taylor Riisen 44th (22:44), Makayla Eberly 51st (22:57), and Lauren Griffith 80th (23:40).

Carlisle Invitational (September 28th, 2013)

Coatesville took fourth place in the championship division race with 240 points.

Leading the way was T.J. Mirenda, who finished 25th in 17:07.

Marlowe Tooles was 37th (17:18), Blakely Ettien 39th (17:20), Robert Ruprecht 55th (17:26), Joshua Okomura 87th (17:43), Ian Dietrich 111th (17:55), and Jared Henderson 148th (18:16).

Coatesville placed seventh in the championship division race with 324 points.

Corrine Gallagher was 33rd (20:40), Makayla Eberly 44th (20:52), Natalie Thomas 76th (21:27), Johanna Lamb 80th (21:30), Taylor Riisen 91st (21:40), Danielle McFadien 131st (22:17), and Lauren Griffith 185th (23:19).

Steel City Invitational (October 5th, 2013)

Host Coatesville runs away with crown

BOYS CROSS COUNTRY

By **DENNY DYROFF**

For 21st Century Media

COATESVILLE – Coatesville was a gracious host for Saturday's 49th Annual Steel City Boys Cross Country Invitational – but not gracious enough to allow any other school to leave the meet in possession of the team championship trophy.

The Red Raiders almost posted a shutout. They accounted for the first four runners across the line and finished first with an impressive score of 21 points. Bishop Shanahan placed second with 53 followed by Devon Prep with 90 and Oxford with 100.

Coatesville's T.J. Mirenda won the gold medal – without a challenge. The distance ace crossed first at 17:50 – more than a half-minute faster than anyone else in the race.

"Last year, I did well here and finished sixth in the junior varsity race," said Mirenda, a junior. "I've been doing well in dual meets so I really wanted to win Steel City this year. I ran this course a lot during the summer.

"I took the first mile hard. At the mile, I was in first along with two Shanahan guys. I stayed with them going up the hill. I worked the hill well. I didn't have any problems. Then, I opened it up on the downhill."

That was when it became a one-man race.

"I opened my stride and soon was out in front by myself," said Mirenda. "I pushed it for the third mile and then finished strong. I think the best part of my race was coming down the hill."

The next three finishers were Mirenda's teammates Robert Ruprecht at 18:24; Blake Ettien, who was third with a time of 18:26; and Josh Okumura at 18:32.

"The first mile was faster than a lot of my other first miles," said Ruprecht, a junior. "I was up front and that made me go harder. I was just a little behind T.J. and the Shanahan guys.

I caught up with the Shanahan kids in the second mile when we were coming down the hill. I worked the downhill really well and then just used everything I had left on the flats."

The Red Raiders' other finishers were Jared Henderson, who was 11th at 18:50; Ina Dietrich, 12th with a time of 18:54; and Nate Gemmell, who finished 16th with a clocking of 19:38.

Bishop Shanahan was propelled to its runner-up finish by a trio of veterans – Jake McGranahan, who was fifth with a time of 18:33; Matthew Allan, who finished sixth with a clocking of 18:34; and Christopher Kolimago, who was seventh with a time of 18:45.

Devon Prep's top finisher was Jack Roth, who checked in ninth with a time of 18:47, and Oxford's Bryant Wilson, 10th at 18:48.

Oxford wins team title; Boulger individual champ at Steel City

GIRLS CROSS COUNTRY

By **DENNY DYROFF**
For 21st Century Media

COATESVILLE – Oxford Area High School has been collecting hardware at invitational meets this year on a regular basis. Saturday morning, the Hornets added to their collection of trophies when they won the team title at the 39th Annual Steel City Girls Cross Country Invitational at Coatesville.

The Oxford girls placed all five scorers in the top nine to finish with 29 points. Host Coatesville captured the runner-up trophy with 35 points. Cheltenham was third with 90 and Bishop Shanahan placed fourth with 109.

Coatesville placed three girls in the top six – including race-winner Erin Boulger. The speedy sophomore finished with a time of 21:13.

Ironically, Boulger would not have even competed in the race if Coatesville's girls varsity soccer team had a game scheduled. Boulger is a starter for the team, so cross country has to take a supplementary role.

"I'm on the soccer team so I wasn't even sure if I'd be able to run today," said Boulger. "My soccer coach allows me to run cross country as long as it doesn't interfere with games or practices. This was only my second cross country meet this season.

"The first was the Big Valley Invitational. This is a hard course, so I just wanted to go out and have fun and finish. My mile time – 6:06 – was pretty good for this course. I led the whole way, but it was still pretty tight at the mile.

"The second mile was slower because there are more hills. But, my breathing was good. The humidity made it tough. In the third mile, I opened up my stride because it's downhill and flat."

Oxford's Elaine Estes finished second at 21:40 and her teammate Olivia Quinci was third with a time of 22:02.

"My race was O.K.," said Estes, a junior. "This was the first time I ran in this meet and my teammates warned me about the steep hill. I pushed superfast up the hill but it was killing. Downhill running is my favorite and this is a good course for that. Olivia and I ran neck-and-neck for a long time and then I went ahead at the end."

Quinci, a sophomore, said, "I went out pretty hard. The Coatesville girl (Boulger) was a little ahead at the mile and Elaine was right behind me. The first mile felt really fast and then the second mile was slow because of the hill. It felt good to be coming down the hill. I had a strong finish."

The Hornets' other finishers were Zibby Harvey, seventh at 22:56; Alyssa Sniechoski, eighth at 23:03; Emma Wilkinson, ninth with a time of 23:12; Sarah Hershey, 11th at 23:22; and Jocelyn Golly, who crossed in 13th place with a time of 23:38.

"We placed first at the Fair Hill Invitational in Maryland," said Oxford coach Duffy Sample. "Then, we finished second at Lebanon Valley's Dutchman Invitational. We're doing really well as a unit. This is a strong group to work with."

Coatesville's list of runners in the race also featured Corinne Gallagher, who was fourth at 22:17; Nastalie Thomas, sixth at 22:37; Johanna Lamb, 10th with a time of 23:18; Makayla Eberly, 14th at 24:08; Danielle McFadien, 16th with a clocking of 24:19; and Taylor Riisen, who placed 22nd at 25:23.

Bishop Shanahan's top finisher was Emily Bracken, who came across in 12th place with a time of 23:25.

FRESHMEN BOYS – RECORDS

(1985-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Luis Rivera	10/11/1995	15:47	Henderson
2	Ken DiMarzio	9/24/1997	16:17	West Chester East
3	Matt Lapp	9/24/1997	16:19	West Chester East
4	Matt Lapp	10/11/1997	16:29	Wm. Tennent
5	Ken DiMarzio	10/11/1997	16:38	Wm. Tennent
6	Rob Robertson	10/10/1998	16:48	Wm. Tennent
7	Keith Andrews	10/2/1996	17:06	Henderson
8	Scott Shortlidge	9/24/1997	17:19	West Chester East
9	Tyrone LeCato	9/24/1997	17:26	West Chester East
10	James Smith	10/9/1999	17:26	Wm. Tennent

<i>Race Distance 3.1 miles</i>				
1	Luis Rivera	10/27/1995	16:34	Districts
2	Luis Rivera	10/3/1995	16:39	West Chester East
3	Kyle Dawson	10/24/2003	16:39	Districts
4	Luis Rivera	10/14/1995	16:40	State College
5	Luis Rivera	9/23/1995	16:44	Conrad Weiser
6	Matt Lapp	10/24/1997	16:51	Districts
7	Luis Rivera	9/29/1995	17:01	Coatesville
8	Luis Rivera	9/9/1995	17:02	Unionville Inv.
9	Chris Rosato	10/28/2005	17:08	Districts
10	Patrick McGinley	10/26/2007	17:08	Districts

FRESHMEN GIRLS – RECORDS

(1987-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Kelly O'Connell	9/10/1998	19:16	West Chester East
2	Kelly O'Connell	10/10/1998	19:23	Wm. Tennent
3	Jodi Lewis	10/9/1999	20:19	Wm. Tennent
4	Ilea Frankovitch	10/11/1995	20:26	Henderson
5	Lezlee Race	10/11/1995	20:45	Henderson
6	Sandy Colsher	10/23/1987	20:50	Ches-Monts
7	Teal Zeisler	10/10/1998	20:52	Wm. Tennent
8	Kirsten Fitch	9/29/2004	21:20	Coatesville
9	Teal Zeisler	9/10/1998	21:33	West Chester East
10	Jodi Lewis	9/29/1999	21:37	West Chester East

<i>Race Distance: 3.1 miles</i>				
1	Kristina Kubala	10/24/2003	18:56	Districts
2	Kristina Kubala	10/4/2003	19:14	Steel City Inv.
3	Kristina Kubala	10/1/2003	19:19	Coatesville
4	Kelly O'Connell	10/30/1998	19:44	Districts
5	Kristina Kubala	10/8/2003	19:50	Henderson
6	Corinne Gallagher	10/25/2013	19:56	Districts
7	Kelly O'Connell	11/7/1998	20:02	States - PS
8	Kelly O'Connell	11/7/1998	20:07	Steel City Inv.
9	Kristina Kubala	9/27/2003	20:14	Carlisle Inv.
10	Kelly O'Connell	10/22/1998	20:15	Ches-Monts

SOPHOMORE BOYS – RECORDS

(1985-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Jesse Chalfant	10/2/1996	15:32	Henderson
2	Ken DiMarzio	9/10/1998	15:49	West Chester East
3	Matthew Lapp	10/10/1998	15:54	Wm. Tennent
4	Matthew Lapp	9/10/1998	16:00	West Chester East
5	Sean Ward	9/29/2004	16:05	Coatesville
6	Ken DiMarzio	10/10/1998	16:11	Wm. Tennent
7	Sean Ward	9/22/2004	16:11	Downingtown West
8	Luis Rivera	10/2/1996	16:14	Henderson
9	Jesse Chalfant	10/12/1996	16:18	Wm. Tennent
10	Jason Leonard	9/29/2004	16:22	Coatesville

<i>Race Distance: 3.1 miles</i>				
1	Jason Leonard	10/29/2004	15:53	Districts
2	Sean Ward	10/29/2004	15:58	Districts
3	Tom Pannulla	10/29/2004	16:00	Districts
4	Ken DiMarzio	10/22/1998	16:13	Ches-Monts
5	Matthew Lapp	10/30/1998	16:13	Districts
6	Matthew Lapp	10/22/1998	16:15	Ches-Monts
7	Ken DiMarzio	10/30/1998	16:17	Districts
8	Matthew Lapp	11/7/1998	16:20	States - PS
9	Sean Ward	10/13/2004	16:25	Coatesville
10	Billy Hackmeister	10/26/2007	16:27	Districts

SOPHOMORE GIRLS – RECORDS

(1987-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Kelly O'Connell	10/9/1999	18:43	Wm. Tennent
2	Katie Nowak	10/12/1996	19:11	Wm. Tennent
3	Katie Nowak	10/2/1996	19:13	Henderson
4	Allison Heydt	10/2/1996	19:27	Henderson
5	Kelly O'Connell	9/29/1999	19:46	West Chester East
6	Cori Rhoades	9/25/1991	19:49	Henderson
7	Ilea Frankovitch	10/12/1996	19:56	Wm. Tennent
8	Lynda Buxton	9/24/1997	19:57	West Chester East
9	Ilea Frankovitch	10/2/1996	19:58	Henderson
10	Lynda Buxton	10/11/1997	20:06	Wm. Tennent

<i>Race Distance: 3.1 miles</i>				
1	Cori Rhoades	10/11/1991	18:48	Coatesville
2	Cori Rhoades	9/27/1991	18:58	Coatesville
3	Kelly O'Connell	10/29/1999	19:02	Districts
4	Kristina Kubala	10/29/2004	19:14	Districts
5	Cori Rhoades	10/29/1991	19:15	Districts
6	Erin Boulger	10/25/2013	19:17	Districts
7	Kelly O'Connell	11/6/1999	19:22	States - LU
8	Cori Rhoades	9/25/1991	19:31	Coatesville
9	Allison Sirna	10/29/2004	19:34	Districts
10	Kelly O'Connell	10/13/1999	19:37	Downingtown

JUNIOR BOYS – RECORDS

(1985-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	J. R. Cox	10/2/1996	15:26	Henderson
2	Jesse Chalfant	10/11/1997	15:37	Wm. Tennent
3	Jesse Chalfant	9/24/1997	15:40	West Chester East
4	J. R. Cox	10/12/1996	15:49	Wm. Tennent
5	Luis Rivera	10/11/1997	15:53	Wm. Tennent
6	Luis Rivera	9/24/1997	15:54	West Chester East
7	Justin Robertson	9/10/2002	15:57	West Chester East
8	Jed Nowak	9/10/2002	16:16	West Chester East
9	Rob Robertson	9/7/2000	16:21	West Chester East
10	Wesley James	10/23/1987	16:23	Ches-Monts
11	Keith Andrews	9/10/1998	16:23	West Chester East

<i>Race Distance: 3.1 miles</i>				
1	Kyle Dawson	10/28/2005	15:16	Districts
2	Kyle Dawson	10/12/2005	15:32	West Chester East
3	Jason Leonard	10/28/2005	15:43	Districts
4	Chris Rosato	9/12/2007	15:46	Downingtown West
5	Chris Rosato	10/26/2007	15:48	Districts
6	Sean Ward	10/28/2005	15:51	Districts
7	Kyle Dawson	9/24/2005	15:52	Carlisle
8	Kyle Dawson	11/5/2005	15:54	States
9	Justin Robertson	10/25/2002	15:55	Districts
10	Owen Dawson	10/28/2005	15:59	Districts

JUNIOR GIRLS – RECORDS

(1987-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Katie Nowak	9/24/1997	18:39	West Chester East
2	Katie Nowak	10/11/1997	18:54	Wm. Tennent
3	Cori Rhoades	9/23/1992	18:59	Henderson
4	Kelly O'Connell	9/7/2000	19:10	West Chester East
5	Allison Heydt	9/24/1997	19:22	West Chester East
6	Ilea Frankovitch	9/24/1997	19:28	West Chester East
7	Nicole Laquintano	9/11/1993	19:29	Unionville Inv.
8	Cori Rhoades	9/16/1992	19:32	West Chester East
9	Laura McNally	9/24/1997	19:43	West Chester East
10	Allison Heydt	10/11/1997	19:47	Wm. Tennent

<i>Race Distance: 3.1 miles</i>				
1	Cori Rhoades	10/31/1992	18:49	Districts
2	Kelly O'Connell	10/27/2000	18:57	Districts
3	Cori Rhoades	9/4/1992	19:02	Coatesville
4	Kelly O'Connell	10/11/2000	19:05	Coatesville
5	Kelly O'Connell	9/27/2000	19:15	Coatesville
6	Cori Rhoades	10/14/1992	19:17	Coatesville
7	Kristina Kubala	10/28/2005	19:17	Districts
8	Cori Rhoades	10/7/1992	19:18	Coatesville
9	Cori Rhoades	11/7/1992	19:24	States - PS
10	Katherine Frank	10/26/2007	19:29	Districts

SENIOR BOYS – RECORDS

(1985-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Rob Robertson	9/26/2001	15:12	West Chester East
2	J. R. Cox	10/11/1997	15:27	Wm. Tennent
3	Kyle Dawson	9/27/2006	15:30	West Chester Rustin
4	Ellis Wilson	9/22/2004	15:31	Downingtown West
5	Jason Leonard	9/27/2006	15:31	West Chester Rustin
6	Jesse Chalfant	9/10/1998	15:37	West Chester East
7	J. R. Cox	9/24/1997	15:40	West Chester East
8	Tom Pannulla	9/27/2006	15:41	West Chester Rustin
9	Jesse Chalfant	10/10/1998	15:42	Wm. Tennent
10	Bob Hendricks	9/11/1993	15:46	Unionville Inv.

<i>Race Distance: 3.1 miles</i>				
1	Kyle Dawson	10/27/2006	14:58	Districts
2	Kyle Dawson	10/11/2006	15:10	W. C. Henderson
3	Kyle Dawson	9/30/2006	15:17	Carlisle Inv.
4	Kyle Dawson	11/4/2006	15:17	States - Her. Golf
5	Owen Dawson	10/27/2006	15:22	Districts
6	Amin Garnett	10/29/2004	15:29	Districts
7	Tom Pannulla	10/27/2006	15:29	Districts
8	Rob Robertson	10/26/2001	15:37	Districts
9	Tom Pannulla	11/4/2006	15:38	States - Her. Golf
10	Jason Leonard	10/27/2006	15:39	Districts

SENIOR GIRLS – RECORDS

(1987-2013)

	Name	Date	Time	Course
<i>Race Distance: 3.0 miles</i>				
1	Katie Nowak	10/10/1998	18:10	Wm. Tennent
2	Kelly O'Connell	9/26/2001	18:16	West Chester East
3	Cori Rhoades	9/11/1993	18:20	Unionville Inv.
4	Marie Hess	10/11/1995	18:27	Henderson
5	Katie Nowak	9/10/1998	18:41	West Chester East
6	Cori Rhoades	10/6/1993	19:02	West Chester East
7	Allison Heydt	9/10/1998	19:09	West Chester East
8	Theresa Stanford	10/10/1998	19:34	Wm. Tennent
9	Allison Heydt	10/10/1998	19:38	Wm. Tennent
10	Kristina Kubala	9/27/2006	19:47	West Chester Rustin

<i>Race Distance: 3.1 miles</i>				
1	Kelly O'Connell	10/26/2001	18:14	Districts
2	Katie Nowak	11/7/1998	18:15	States- PS.
3	Katie Nowak	10/30/1998	18:17	Districts
4	Kelly O'Connell	9/19/2001	18:17	Coatesville
5	Cori Rhoades	10/13/1993	18:25	Henderson
6	Sheena Crawley	10/24/2008	18:38	Districts
7	Kelly O'Connell	10/6/2001	18:44	Steel City
8	Kelly O'Connell	10/18/2001	18:49	Ches - Monts
9	Kelly O'Connell	10/10/2001	18:52	Downingtown
10	Kristina Kubala	10/27/2006	18:52	Districts

FRESHMEN BOYS TOUGH TIMES

Under 18:00 (1985-2013)

	Name	Date	Time
1	Luis Rivera	10/11/1995	15:47
2	Ken DiMarzio	9/24/1997	16:17
3	Matthew Lapp	9/24/1997	16:19
4	Matthew Lapp	10/11/1997	16:29
5	Luis Rivera	10/27/1995	16:34
6	Ken DiMarzio	10/11/1997	16:38
7	Luis Rivera	10/3/1995	16:39
8	Kyle Dawson	10/24/2003	16:39
9	Luis Rivera	10/14/1995	16:40
10	Luis Rivera	9/23/1995	16:44
11	Rob Robertson	10/10/1998	16:48
12	Matthew Lapp	10/24/1997	16:51
13	Luis Rivera	9/29/1995	17:01
14	Luis Rivera	9/9/1995	17:02
15	Keith Andrews	10/2/1996	17:06
16	Chris Rosato	10/28/2005	17:08
17	Patrick McGinley	10/26/2007	17:08
18	Kyle Dawson	10/1/2003	17:10
19	Andrew Mahoney	10/29/2004	17:11
20	Luis Rivera	9/20/1995	17:13
21	Matthew Lapp	9/27/1997	17:17
22	Scott Shortledge	9/24/1997	17:19
23	Rob Robertson	9/10/1998	17:20
24	Sean Ward	10/24/2003	17:22
25	Kyle Dawson	10/4/2003	17:23
26	Kyle Dawson	11/1/2003	17:24
27	Rob Robertson	10/22/1998	17:25
28	Tyrone LeCato	9/24/1997	17:26
29	James Smith	10/9/2003	17:26
30	Jesse Chalfant	10/27/1995	17:27
31	Owen Dawson	10/24/2003	17:27
32	Ken DiMarzio	10/24/1997	17:28
33	Tyrone LeCato	10/11/1997	17:30
34	Billy Hackmeister	10/27/2006	17:30
35	Scott Shortledge	10/11/1997	17:31

	Name	Date	Time
36	Sean Ward	10/1/2003	17:31
37	Luis Rivera	10/20/1995	17:32
38	Matthew Lapp	10/16/1997	17:32
39	Keith Andrews	10/12/1996	17:33
40	Ken DiMarzio	9/27/1997	17:35
41	Matthew Lapp	10/1/1997	17:42
42	Andrew Mahoney	9/29/2004	17:42
43	Kyle Dawson	10/8/2003	17:45
44	Jason Leonard	10/24/2003	17:48
45	Chris Rosato	10/12/2005	17:52
46	Sean Ward	10/8/2003	17:53
47	Patrick McGinley	10/18/2007	17:57
48	Billy Hackmeister	10/11/2006	17:58

FRESHMEN GIRLS TOUGH TIMES

Under 21:00 (1987-2013)

	Name	Date	Time
1	Kristina Kubala	10/24/2003	18:56
2	Kristina Kubala	10/4/2003	19:14
3	Kelly O'Connell	9/10/1998	19:16
4	Kristina Kubala	10/1/2003	19:19
5	Kelly O'Connell	10/10/1998	19:23
6	Kelly O'Connell	10/30/1998	19:44
7	Kristina Kubala	10/8/2003	19:50
8	Corinne Gallagher	10/25/2013	19:56
9	Kelly O'Connell	11/7/1998	20:02
10	Kelly O'Connell	10/3/1998	20:07
11	Kristina Kubala	9/27/2003	20:14
12	Kelly O'Connell	10/22/1998	20:15
13	Kristina Kubala	11/1/2003	20:15
14	Kristina Kubala	9/17/2003	20:16
15	Kelly O'Connell	10/14/1998	20:17
16	Jodi Lewis	10/9/1999	20:19
17	Kelly O'Connell	9/26/1998	20:23
18	Jodi Lewis	10/29/1999	20:24
19	Ilea Frankovitch	10/11/1995	20:26
20	Kristina Kubala	9/6/2003	20:30
21	Kristina Kubala	9/24/2003	20:32
22	Kelly O'Connell	9/23/1998	20:33
23	Kelly O'Connell	10/7/1998	20:36
24	Kayla Acker	10/25/2002	20:36
25	Kelly Boulger	10/29/2010	20:36
26	Lezlee Race	10/11/1995	20:45
27	Kelly O'Connell	9/29/1998	20:45
28	Corinne Gallagher	10/18/2013	20:47
29	Sandy Colsher	10/23/1987	20:50
30	Kirsten Fitch	10/29/2004	20:50
31	Teal Zeisler	10/10/1998	20:52
32	Makayla Eberly	9/28/2013	20:52
33	Taylor Riisen	10/25/2013	20:59

SOPHOMORE BOYS TOUGH TIMES

Under 17:30 (1985-2013)

	Name	Date	Time
1	Jesse Chalfant	10/2/1996	15:32
2	Ken DiMarzio	9/10/1998	15:49
3	Jason Leonard	10/29/2004	15:53
4	Matthew Lapp	10/10/1998	15:54
5	Sean Ward	10/29/2004	15:58
6	Matthew Lapp	9/10/1998	16:00
7	Tom Pannulla	10/29/2004	16:00
8	Sean Ward	9/29/2004	16:05
9	Jed Nowak	9/26/2001	16:10
10	Ken DiMarzio	10/10/1998	16:11
11	Sean Ward	9/22/2004	16:11
12	Ken DiMarzio	10/22/1998	16:13
13	Matthew Lapp	10/30/1998	16:13
14	Luis Rivera	10/2/1996	16:14
15	Matthew Lapp	10/22/1998	16:15
16	Ken DiMarzio	10/30/1998	16:17
17	Jesse Chalfant	10/12/1996	16:18
18	Matthew Lapp	11/7/1998	16:20
19	Keith Andrews	10/11/1997	16:25
20	Scott Shortlidge	10/10/1998	16:25
21	Sean Ward	10/13/2004	16:25
22	Justin Robertson	9/26/2001	16:26
23	Chris Rosato	9/27/2006	16:26
24	Billy Hackmeister	10/26/2007	16:27
25	Jason Leonard	9/29/2004	16:29
26	Sean Ward	9/25/2004	16:31
27	Chris Rosato	11/4/2006	16:32
28	Blake Ettien	10/25/2013	16:32
29	Tom Pannulla	9/25/2004	16:33
30	Jesse Chalfant	10/26/1996	16:34
31	Chris Rosato	10/27/2006	16:34
32	Jed Nowak	10/26/2001	16:35
33	Joshua Nowak	9/10/1998	16:36
34	Tom Pannulla	10/13/2004	16:36
35	Matthew Lapp	10/3/1998	16:38
36	Tom Pannulla	9/29/2004	16:38
37	David Monachello	9/26/2001	16:39
38	Shane Snyder	10/26/2001	16:39

	Name	Date	Time
39	Sean Ward	9/11/2004	16:40
40	Wesley James	10/17/1986	16:41
41	Shane Snyder	9/26/2001	16:42
42	Jesse Chalfant	11/2/1996	16:44
43	Ken DiMarzio	10/3/1998	16:44
44	Tom Pannulla	11/6/2004	16:44
45	Chris Rosato	10/11/2006	16:44
46	Justin Robertson	10/8/2001	16:45
47	Ellis Wilson	10/25/2002	16:46
48	Justin Robertson	10/26/2001	16:47
49	Scott Shortlidge	10/30/1998	16:48
50	Ken DiMarzio	11/7/1998	16:48
51	Chris Rosato	9/30/2006	16:48
52	Pat McGinley	10/24/2008	16:49
53	Luis Rivera	10/12/1996	16:50
54	Scott Shortlidge	9/10/1998	16:50
55	Sean Ward	11/6/2004	16:50
56	Rob Robertson	10/9/1999	16:51
57	Tom Pannulla	9/4/2004	16:51
58	Jason Leonard	10/13/2004	16:51
59	Marquis Thomas	10/7/1992	16:52
60	Jason Leonard	9/11/2004	16:52
61	Sean Ward	10/6/2004	16:52
62	Jason Leonard	9/22/2004	16:53
63	Billy Hackmeister	9/12/2007	16:53
64	Tyrone LeCato	9/10/1998	16:54
65	Tyrone LeCato	10/10/1998	16:54
66	Jason Leonard	9/25/2004	16:54
67	Rob Robertson	9/4/1999	16:55
68	Sean Ward	9/15/2004	16:55
69	Pat McGinley	10/1/2008	16:55
70	Keith Andrews	9/24/1997	16:56
71	Billy Hackmeister	11/3/2007	16:56
72	Lexus Hales	10/2/1996	16:57
73	Jed Nowak	9/19/2001	16:57
74	Zach Mains	10/26/2007	16:57
75	Jesse Chalfant	10/5/1996	16:58
76	Ken DiMarzio	9/26/1998	16:58
77	Shane Snyder	9/19/2001	16:58
78	Matthew Lapp	9/26/1998	17:00
79	Jed Nowak	10/18/2001	17:00
80	Ken DiMarzio	9/29/1998	17:01
81	Jed Nowak	10/3/2001	17:01
82	Jed Nowak	9/6/2001	17:02

	Name	Date	Time
83	Tom Pannulla	9/11/2004	17:02
84	Tom Pannulla	9/22/2004	17:03
85	Nick Stepani	9/10/1998	17:04
86	Chris Rosato	9/9/2006	17:04
87	Rob Robertson	10/2/1999	17:05
88	Justin Robertson	9/19/2001	17:05
89	Jason Leonard	9/4/2004	17:05
90	Matthew Lapp	10/14/1998	17:06
91	Ryan Shaver	9/27/2000	17:06
92	Justin Robertson	10/18/2001	17:06
93	Ken DiMarzio	9/19/1998	17:07
94	Ken DiMarzio	10/14/1998	17:07
95	David Monachello	10/18/2001	17:07
96	Sean Ward	9/4/2004	17:07
97	Marquis Thomas	9/23/1992	17:08
98	Jesse Chalfant	9/5/1996	17:08
99	Rob Robertson	9/29/1999	17:08
100	Rob Robertson	10/29/1999	17:08
101	Jed Nowak	9/8/2001	17:08
102	Jason Leonard	11/6/2004	17:08
103	Scott Shortlidge	11/7/1998	17:09
104	Ryan Shaver	10/27/2000	17:09
105	Justin Robertson	9/6/2001	17:09
106	David Monachello	9/19/2001	17:09
107	Chris Rosato	9/20/2006	17:09
108	Matthew Lapp	10/7/1998	17:10
109	Ken DiMarzio	10/7/1998	17:10
110	Shane Snyder	10/18/2001	17:10
111	David Monachello	10/26/2001	17:10
112	Tom Pannulla	10/6/2004	17:10
113	Sean Ward	10/22/2004	17:11
114	Mike Jackson	9/9/1989	17:12
115	Jesse Chalfant	9/28/1996	17:12
116	Eric Balbierer	10/29/2011	17:12
117	Ken DiMarzio	9/12/1998	17:13
118	Shane Snyder	10/6/2001	17:13
119	Jed Nowak	10/6/2001	17:13
120	Jesse Chalfant	9/11/1996	17:14
121	Billy Hackmeister	10/18/2007	17:14
122	David Monachello	10/3/2001	17:15
123	David Monachello	10/10/2001	17:15
124	Jason Leonard	9/15/2004	17:15
125	Blake Ettien	10/18/2013	17:15
126	Scott Shortlidge	10/3/1998	17:16

	Name	Date	Time
127	Rob Robertson	10/13/1999	17:16
128	Justin Robertson	10/6/2001	17:16
129	Jesse Chalfant	10/9/1996	17:17
130	Jason Leonard	10/8/2004	17:17
131	Sean Ward	10/2/2004	17:19
132	Chris Rosato	10/19/2006	17:20
133	Blake Ettien	9/28/2013	17:20
134	Jeremiah Wise	10/11/2000	17:21
135	David Monachello	9/6/2001	17:21
136	Shane Snyder	9/8/2001	17:21
137	Jed Nowak	10/10/2001	17:21
138	Tom Pannulla	10/2/2004	17:21
139	Blake Ettien	8/31/2013	17:21
140	Chris Cabott	9/24/1994	17:22
141	Matthew Lapp	9/19/1998	17:22
142	Chad Gordon	9/29/2004	17:22
143	Matthew Lapp	9/29/1998	17:23
144	Drew Mahoney	10/12/2005	17:23
145	Tyler Robertson	10/24/2008	17:23
146	Wesley James	9/27/1986	17:24
147	Jed Nowak	9/1/2001	17:24
148	Drew Mahoney	10/28/2005	17:24
149	Marquis Thomas	10/14/1992	17:25
150	Jesse Chalfant	9/14/1996	17:25
151	Ryan Shaver	10/11/2000	17:25
152	Jed Nowak	9/12/2001	17:25
153	Chris Rosato	10/7/2006	17:25
154	Matthew Lapp	9/12/1998	17:26
155	Scott Shortlidge	10/22/1998	17:26
156	Tyrone LeCato	10/30/1998	17:26
157	David Monachello	9/12/2001	17:26
158	Justin Robertson	9/12/2001	17:26
159	Wesley James	9/23/1986	17:27
160	Jesse Chalfant	10/18/1996	17:27
161	Jeff Harry	10/17/1986	17:28
162	Wesley James	10/25/1986	17:28
163	Steve Jackson	10/4/1989	17:29
164	Mike Jackson	10/4/1989	17:29
165	Steve Jackson	9/9/1989	17:29
166	Marquis Thomas	10/31/1992	17:29
167	Ken DiMarzio	9/23/1998	17:29
168	Matthew Lapp	9/23/1998	17:29
169	Tyrone LeCato	10/22/1998	17:29
170	Rob Robertson	10/6/1999	17:29

	Name	Date	Time
171	Justin Robertson	10/10/2001	17:29



SOPHOMORE GIRLS TOUGH TIMES

Under 20:30 (1987-2013)

	Name	Date	Time
1	Kelly O'Connell	10/9/1999	18:43
2	Cori Rhoades	10/11/1991	18:48
3	Cori Rhoades	9/27/1991	18:58
4	Kelly O'Connell	10/29/1999	19:02
5	Katie Nowak	10/12/1996	19:11
6	Katie Nowak	10/2/1996	19:13
7	Kristina Kubala	10/29/2004	19:14
8	Cori Rhoades	10/29/1991	19:15
9	Erin Boulger	10/25/2013	19:17
10	Kelly O'Connell	11/6/1999	19:22
11	Allison Heydt	10/2/1996	19:27
12	Cori Rhoades	9/25/1991	19:31
13	Allison Sirna	10/29/2004	19:34
14	Kelly O'Connell	10/13/1999	19:37
15	Cori Rhoades	9/18/1991	19:45
16	Kelly O'Connell	9/29/1999	19:46
17	Cori Rhoades	9/22/1991	19:49
18	Katie Nowak	10/5/1996	19:50
19	Cori Rhoades	9/11/1991	19:51
20	Kelly O'Connell	10/2/1999	19:53
21	Kelly O'Connell	9/4/1999	19:54
22	Ilea Frankovitch	10/12/1996	19:56
23	Lynda Buxton	9/24/1997	19:57
24	Ilea Frankovitch	10/2/1996	19:58
25	Katie Nowak	10/26/1996	20:01
26	Melanie Holl	10/30/2009	20:01
27	Mollie Dawson	10/26/2007	20:04
28	Lynda Buxton	10/11/1997	20:06
29	Kelly Boulger	9/3/2011	20:06
30	Erin Boulger	10/18/2013	20:08
31	Laura McNally	10/2/1996	20:11
32	Katie Nowak	10/18/1996	20:12
33	Allison Heydt	10/12/1996	20:13
34	Kelly Boulger	9/24/2011	20:13
35	Katie Nowak	10/9/1996	20:14

	Name	Date	Time
36	Kelly O'Connell	10/6/1999	20:14
37	Katherine Frank	10/27/2006	20:15
38	Allison Heydt	10/26/1996	20:19
39	Kelly Boulger	9/21/2011	20:19
40	Kelly Boulger	10/20/2011	20:21
41	Cori Rhoades	9/7/1991	20:24
42	Allison Heydt	10/18/1996	20:24
43	Kelly O'Connell	9/18/1999	20:24
44	Sandy Colsher	10/22/1988	20:29

JUNIOR BOYS TOUGH TIMES

Under 17:00 (1985-2013)

	Name	Date	Time
1	Kyle Dawson	10/28/2005	15:16
2	J. R. Cox	10/2/1996	15:26
3	Kyle Dawson	10/12/2005	15:32
4	Jesse Chalfant	10/11/1997	15:37
5	Jesse Chalfant	9/24/1997	15:40
6	Jason Leonard	10/28/2005	15:43
7	Chris Rosato	9/12/2007	15:46
8	Chris Rosato	10/26/2007	15:48
9	J. R. Cox	10/12/1996	15:49
10	Sean Ward	10/28/2005	15:51
11	Kyle Dawson	9/24/2005	15:52
12	Luis Rivera	10/11/1997	15:53
13	Luis Rivera	9/24/1997	15:54
14	Kyle Dawson	11/5/2005	15:54
15	Justin Robertson	10/25/2002	15:55
16	Justin Robertson	9/10/2002	15:57
17	Owen Dawson	10/28/2005	15:59
18	Amin Garnett	10/24/2003	16:00
19	Andrew Mahoney	10/27/2006	16:03
20	Sean Ward	10/12/2005	16:05
21	Kyle Dawson	9/3/2005	16:07
22	Tom Pannulla	10/28/2005	16:09
23	Jesse Chalfant	10/24/1997	16:10
24	Sean Ward	9/24/2005	16:10
25	Billy Hackmeister	10/24/2008	16:10
26	Rob Robertson	10/27/2000	16:11
27	Kyle Dawson	9/10/2005	16:11
28	Owen Dawson	10/12/2005	16:11
29	Ken DiMarzio	9/4/1999	16:12
30	Jason Leonard	10/12/2005	16:15
31	Jed Nowak	9/10/2002	16:16
32	Ellis Wilson	10/24/2003	16:17
33	Chris Rosato	9/29/2007	16:18
34	Jason Leonard	9/3/2005	16:19
35	Rob Robertson	10/7/2000	16:20

	Name	Date	Time
36	Kyle Dawson	10/1/2005	16:20
37	Jason Leonard	9/24/2005	16:21
38	Jesse Chalfant	9/27/1997	16:22
39	Shane Snyder	10/25/2002	16:22
40	Bryan Wolf	10/26/2007	16:22
41	Zach Mains	10/24/2008	16:22
42	Wesley James	10/23/1987	16:23
43	Rob Robertson	9/9/2000	16:23
44	Keith Andrews	9/10/1998	16:23
45	Jason Leonard	9/10/2005	16:23
46	Chris Rosato	9/8/2007	16:23
47	Ken DiMarzio	9/29/1999	16:24
48	Andrew Mahoney	10/11/2006	16:24
49	Chris Rosato	9/1/2007	16:24
50	Kyle Dawson	9/21/2005	16:25
51	Luis Rivera	9/27/1997	16:26
52	Shane Snyder	9/10/2002	16:26
53	Amin Garnett	10/1/2003	16:26
54	Sean Ward	9/10/2005	16:26
55	Marquis Thomas	9/11/1993	16:27
56	Ken DiMarzio	11/6/1999	16:27
57	Jed Nowak	9/25/2002	16:27
58	Chris Rosato	10/18/2007	16:27
59	Shane Snyder	9/25/2002	16:29
60	Andrew Mahoney	9/27/2006	16:29
61	Bryan Wolf	9/12/2007	16:29
62	Shane Snyder	9/14/2002	16:30
63	Tom Pannulla	9/24/2005	16:30
64	Billy Hackmeister	10/1/2008	16:30
65	Amin Garnett	10/4/2003	16:31
66	Dan Dix	10/11/1995	16:32
67	Sean Ward	11/5/2005	16:32
68	J. R. Cox	10/26/1996	16:33
69	Chris Rosato	11/3/2007	16:33
70	Jesse Chalfant	10/1/1997	16:34
71	Sean Ward	9/21/2005	16:36
72	Tom Pannulla	10/12/2005	16:36
73	Andrew Mahoney	11/4/2006	16:36
74	Connor McLaughlin	9/12/2009	16:36
75	Owen Dawson	11/5/2005	16:37

	Name	Date	Time
76	Jeff Barrage	10/11/1997	16:38
77	Rob Robertson	11/4/2000	16:38
78	Chad Gordon	10/28/2005	16:38
79	Luis Rivera	10/24/1997	16:39
80	Owen Dawson	9/24/2005	16:39
81	Ryan Shaver	9/26/2001	16:40
82	Sean Ward	9/3/2005	16:40
83	Connor McLaughlin	9/26/2009	16:40
84	Matthew Lapp	10/29/1999	16:41
85	Amin Garnett	11/1/2003	16:41
86	Connor McLaughlin	10/30/2009	16:41
87	Ken DiMarzio	10/29/1999	16:42
88	J. R. Cox	11/2/1996	16:43
89	Owen Dawson	9/10/2005	16:43
90	Bryan Wolf	9/29/2007	16:43
91	Wayne Vincent	10/1/1986	16:44
92	Rob Robertson	9/2/2000	16:44
93	Ellis Wilson	10/1/2003	16:44
94	Connor McLaughlin	9/16/2009	16:44
95	Jed Nowak	10/25/2002	16:45
96	David Monachello	10/25/2002	16:45
97	Billy Hackmeister	10/16/2008	16:45
98	Marlowe Tooles	10/25/2013	16:45
99	Jesse Chalfant	11/1/1997	16:46
100	Tom Pannulla	9/10/2005	16:46
101	Chad Gordon	10/12/2005	16:46
102	TJ Mirenda	10/25/2013	16:46
103	Wayne Vincent	10/17/1986	16:47
104	Tom Pannulla	9/3/2005	16:47
105	Andy Gaskins	9/11/1993	16:48
106	Rob Robertson	9/27/2000	16:48
107	Jed Nowak	9/28/2002	16:48
108	Justin Robertson	10/17/2002	16:48
109	Ryan Shaver	10/26/2001	16:49
110	Billy Hackmeister	8/30/2008	16:49
111	Jesse Chalfant	9/6/1997	16:50
112	Shane Snyder	9/28/2002	16:50
113	Amin Garnett	9/17/2003	16:50
114	Chris Rosato	9/26/2007	16:50
115	Bryan Wolf	10/18/2007	16:50

	Name	Date	Time
116	Zach Mains	10/1/2008	16:50
117	Matthew Lapp	9/4/1999	16:51
118	Chris Rosato	10/3/2007	16:51
119	Jeff Barrage	9/24/1997	16:52
120	Shane Snyder	10/17/2002	16:53
121	Amin Garnett	10/8/2003	16:54
122	Dan Dix	10/3/1995	16:55
123	Justin Robertson	10/9/2002	16:55
124	Robert Ruprecht	10/25/2013	16:55
125	Matthew Lapp	9/29/1999	16:56
126	Rob Robertson	9/27/2000	16:56
127	J. R. Cox	9/28/1996	16:57
128	Scott Shortlidge	10/9/1999	16:57
129	Shane Snyder	10/9/2002	16:57
130	Amin Garnett	9/27/2003	16:57
131	Kyle Dawson	10/19/2005	16:57
132	Bryan Wolf	11/3/2007	16:57
133	Connor McLaughlin	10/22/2009	16:57
134	Jackson Davis	10/21/2010	16:58
135	Mike Jackson	10/3/1990	16:58
136	Justin Robertson	11/2/2002	16:58
137	Ellis Wilson	10/4/2003	16:58
138	Chris Rosato	10/6/2007	16:58

JUNIOR GIRLS TOUGH TIMES

Under 20:00 (1987-2013)

	Name	Date	Time
1	Katie Nowak	9/24/1997	18:39
2	Cori Rhoades	10/31/1992	18:49
3	Katie Nowak	10/11/1997	18:54
4	Kelly O'Connell	10/27/2000	18:57
5	Cori Rhoades	9/23/1992	18:59
6	Cori Rhoades	9/4/1992	19:02
7	Kelly O'Connell	10/11/2000	19:05
8	Kelly O'Connell	9/7/2000	19:10
9	Kelly O'Connell	9/27/2000	19:15
10	Cori Rhoades	10/14/1992	19:17
11	Kristina Kubala	10/28/2005	19:17
12	Cori Rhoades	10/7/1992	19:18
13	Allison Heydt	9/24/1997	19:22
14	Cori Rhoades	11/7/1992	19:24
15	Ilea Frankovitch	9/24/1997	19:28
16	Nicole Laquintano	9/11/1993	19:29
17	Katherine Frank	10/26/2007	19:29
18	Katie Nowak	10/24/1997	19:31
19	Cori Rhoades	9/16/1992	19:32
20	Cori Rhoades	10/17/1992	19:40
21	Kelly O'Connell	9/9/2000	19:40
22	Kelly O'Connell	11/4/2000	19:41
23	Laura McNally	9/24/1997	19:43
24	Katie Nowak	9/27/1997	19:43
25	Kelly O'Connell	10/19/2000	19:43
26	Cori Rhoades	10/23/1992	19:44
27	Kelly O'Connell	10/7/2000	19:45
28	Allison Heydt	10/11/1997	19:47
29	Cori Rhoades	9/13/1992	19:48
30	Lynda Buxton	10/10/1998	19:49
31	Melanie Holl	10/29/2011	19:50
32	Kelly O'Connell	9/23/2000	19:52
33	Cori Rhoades	9/30/1992	19:53
34	Lynda Buxton	9/10/1998	19:53
35	Kristina Kubala	9/24/2005	19:53

	Name	Date	Time
36	Ilea Frankovitch	10/11/1997	19:55
37	Katie Weidner	10/26/2007	19:55
38	Kelly O'Connell	9/2/2000	19:56
39	Kelly O'Connell	9/13/2000	19:57
40	Lynda Buxton	11/7/1998	19:58

SENIOR BOYS TOUGH TIMES

Under 16:30 (1985-2013)

	Name	Date	Time
1	Kyle Dawson	10/27/2006	14:58
2	Kyle Dawson	10/11/2006	15:10
3	Rob Robertson	9/26/2001	15:12
4	Kyle Dawson	9/30/2006	15:17
5	Kyle Dawson	11/4/2006	15:17
6	Owen Dawson	10/27/2006	15:22
7	J. R. Cox	10/11/1997	15:27
8	Amin Garnett	10/29/2004	15:29
9	Tom Pannulla	10/27/2006	15:29
10	Kyle Dawson	9/27/2006	15:30
11	Ellis Wilson	9/22/2004	15:31
12	Jason Leonard	9/27/2006	15:31
13	Jesse Chalfant	9/10/1998	15:37
14	Rob Robertson	10/26/2001	15:37
15	Tom Pannulla	11/4/2006	15:38
16	Jason Leonard	10/27/2006	15:39
17	J. R. Cox	9/24/1997	15:40
18	Owen Dawson	10/11/2006	15:40
19	Tom Pannulla	9/27/2006	15:41
20	Jesse Chalfant	10/10/1998	15:42
21	Ryan Shaver	10/25/2002	15:45
22	Kyle Dawson	9/20/2006	15:45
23	Bob Hendricks	9/11/1993	15:46
24	Ellis Wilson	10/29/2004	15:47
25	Sean Ward	10/27/2006	15:47
26	Owen Dawson	11/4/2006	15:47
27	Sean Ward	10/11/2006	15:49
28	Chris Rosato	10/24/2008	15:50
29	Jason Leonard	9/30/2006	15:51
30	Andrew Mahoney	9/12/2007	15:52
31	Kyle Dawson	10/7/2006	15:54
32	Sean Ward	11/4/2006	15:54
33	Ellis Wilson	9/29/2004	15:56
34	Kyle Dawson	9/9/2006	15:56
35	Tom Pannulla	9/30/2006	15:56

	Name	Date	Time
36	Andrew Mahoney	10/26/2007	15:57
37	Tom Pannulla	10/11/2006	15:58
38	Jason Leonard	11/4/2006	15:59
39	Kyle Dawson	10/19/2006	16:00
40	Rob Robertson	10/3/2001	16:01
41	Rob Robertson	9/8/2001	16:02
42	Kyle Dawson	9/6/2006	16:05
43	Rob Robertson	9/12/2001	16:06
44	J. R. Cox	10/24/1997	16:07
45	Luis Rivera	10/10/1998	16:07
46	Owen Dawson	9/30/2006	16:08
47	Ed McCrae	10/18/1985	16:09
48	Rob Robertson	10/6/2001	16:09
49	Jason Leonard	10/11/2006	16:09
50	Sean Ward	9/27/2006	16:10
51	Andrew Mahoney	9/29/2007	16:10
52	Connor McLaughlin	10/6/2010	16:11
53	Jesse Chalfant	10/22/1998	16:12
54	Rob Robertson	9/6/2001	16:12
55	Amin Garnett	11/6/2004	16:12
56	Dan Dix	10/2/2001	16:13
57	Rob Robertson	10/18/2001	16:13
58	Andrew Mahoney	10/18/2007	16:13
59	Luis Rivera	9/10/1998	16:16
60	Andrew Mahoney	9/1/2007	16:16
61	Ben Goodwin	10/26/2007	16:16
62	Luis Rivera	10/30/1998	16:17
63	Matthew Lapp	10/27/2000	16:17
64	Rob Robertson	9/1/2001	16:19
65	Tom Pannulla	9/20/2006	16:19
66	Tom Pannulla	9/9/2006	16:20
67	Ellis Wilson	10/13/2004	16:21
68	Chris Rosato	10/1/2008	16:23
69	Ellis Wilson	9/25/2004	16:24
70	Shane Snyder	10/7/2003	16:24
71	Sean Ward	9/30/2006	16:24
72	Connor McLaughlin	10/29/2010	16:24
73	J. R. Cox	10/8/1997	16:25
74	Matthew Lapp	9/13/2000	16:25
75	James Smith	10/25/2002	16:25

	Name	Date	Time
76	Shane Snyder	10/24/2003	16:25
77	Jesse Chalfant	11/7/1998	16:26
78	Rob Robertson	11/3/2001	16:27
79	Tom Pannulla	9/6/2006	16:27
80	Andrew Mahoney	11/3/2007	16:27
81	J. R. Cox	11/1/1997	16:28
82	Owen Dawson	10/19/2006	16:28
83	Zach Mains	9/12/2009	16:28
84	Zach Mains	9/26/2009	16:28
85	Billy Hackmeister	9/26/2009	16:28
86	Matthew Lapp	9/27/2000	16:29
87	Kyle Dawson	9/2/2006	16:29
88	Tom Pannulla	10/7/2006	16:29
89	Tom Pannulla	10/19/2006	16:29

SENIOR GIRLS TOUGH TIMES

Under 19:30 (1987-2013)

	Name	Date	Time
1	Katie Nowak	10/10/1998	18:10
2	Kelly O'Connell	10/26/2001	18:14
3	Katie Nowak	11/7/1998	18:15
4	Kelly O'Connell	9/26/2001	18:16
5	Katie Nowak	10/30/1998	18:17
6	Kelly O'Connell	9/9/2001	18:17
7	Cori Rhoades	9/11/1993	18:20
8	Cori Rhoades	10/13/1993	18:25
9	Marie Hess	10/11/1995	18:27
10	Sheena Crawley	10/24/2008	18:38
11	Katie Nowak	9/10/1998	18:41
12	Kelly O'Connell	10/6/2001	18:44
13	Kelly O'Connell	10/18/2001	18:48
14	Kelly O'Connell	10/10/2001	18:52
15	Kristina Kubala	10/27/2006	18:52
16	Kelly O'Connell	9/8/2001	18:53
17	Kelly O'Connell	10/3/2001	18:53
18	Cori Rhoades	10/6/1993	19:02
19	Kristina Kubala	11/4/2006	19:03
20	Kelly O'Connell	9/6/2001	19:05
21	Allison Heydt	9/10/1998	19:09
22	Katie Nowak	10/3/1998	19:09
23	Katie Nowak	10/22/1998	19:12
24	Kelly O'Connell	11/3/2001	19:12
25	Katie Nowak	10/14/1998	19:14
26	Allison Heydt	11/7/1998	19:14
27	Kelly O'Connell	9/12/2001	19:17
28	Kristina Kubala	9/30/2006	19:17
29	Kelly O'Connell	9/1/2001	19:21
30	Cori Rhoades	10/16/1993	19:22
31	Sheena Crawley	10/1/2008	19:23
32	Kirsten Fitch	10/26/2007	19:25
33	Katie Nowak	9/26/1998	19:29

WHERE ARE THEY NOW?

Coatesville Cross Country athletes who are now running for colleges and universities.

Andrew Coicou	Alabama State University
Jackson Davis.....	Gettysburg University
Emily Frank	Kutztown University
Billy Hackmeister	Rider University
Zach Mains.....	Lock Haven University
Samantha Martin	Millersville University
Connor McLaughlin.....	Penn State Berks

CHES-MONT CHAMPIONSHIP TITLES

Individual Champions

Boys

Jesse Chalfont	1998
Mathew Lapp	2000
Rob Robertson	2001
Ellis Wilson	2004
Kyle Dawson	2006

Girls

Cori Rhoades	1992
Katie Nowak	1996
Katie Nowak	1997
Katie Nowak	1998
Kelly O'Connell	1999
Kelly O'Connell	2000
Kelly O'Connell	2001

Team Titles

Boys

1998
1999
2000
2001
2004
2005
2006
2007

Girls

1996
1997
1998
1999
2000
2001

DISTRICT I CHAMPIONSHIP TITLES

Individual Champions

Boys

Rob Robertson 2001

Team Championships

2004

Josh Beldner
Amin Garnett
Chad Gordon
Jason Leonard
Tom Pannulla
Sean Ward
Ellis Wilson

2005

Mike Collins
Kyle Dawson
Owen Dawson
Chad Gordon
Jason Leonard
Tom Pannulla
Sean Ward

2006

Kyle Dawson
Owen Dawson
Jason Leonard
Andrew Mahoney
Tom Pannulla
Chris Rosato
Sean Ward

STATE PARTICIPANTS – BOYS

(1985-2013)

Name	Course	Year	Time	Place
Rob Robertson	Hershey Park	2001	16:27	3 rd
Amin Garnett	Hershey Park	2004	16:12	3 rd
Kyle Dawson	Hershey Park G	2006	15:17	3 rd
Tom Pannulla	Hershey Park G	2006	15:38	6 th
Rob Robertson	Bucknell	2000	16:38	7 th
Kyle Dawson	Hershey Park	2005	15:54	7 th
Owen Dawson	Hershey Park G	2006	15:47	8 th
Matthew Lapp	Bucknell	2000	16:40	10 th
Sean Ward	Hershey Park G	2006	15:54	12 th
Amin Garnett	Hershey Park	2003	16:41	16 th
Andrew Mahoney	Hershey Park G	2007	16:27	16 th
Jason Leonard	Hershey Park G	2006	15:59	18 th
J. R. Cox	Penn State	1997	16:28	21 st
Matthew Lapp	Penn State	1998	16:20	23 rd
Chris Rosato	Hershey Park G	2007	16:33	23 rd
Ryan Shaver	Hershey Park	2002	16:55	26 th
Ellis Wilson	Hershey Park	2004	16:42	26 th
Ken DiMarzio	Lehigh	1999	16:27	27 th
Jesse Chalfant	Penn State	1998	16:26	28 th
Tom Pannulla	Hershey Park	2004	16:44	28 th
Sean Ward	Hershey Park	2005	16:32	28 th
Ken DiMarzio	Bucknell	2000	17:08	31 st
Justin Robertson	Hershey Park	2002	16:59	32 nd
Owen Dawson	Hershey Park	2005	16:37	32 nd
J. R. Cox	Bucknell	1996	16:43	34 th
Sean Ward	Hershey Park	2004	16:50	34 th
Jesse Chalfant	Bucknell	1996	16:44	35 th
Connor McLaughlin	Hershey Park G	2010	16:51	38 th
Jesse Chalfant	Penn State	1997	16:46	41 st
Ellis Wilson	Hershey Park	2003	17:09	47 th
Chris Rosato	Hershey Park G	2006	16:32	52 nd
Billy Hackmeister	Hershey Park G	2007	16:56	57 th
Ken DiMarzio	Penn State	1998	16:48	58 th
Jason Leonard	Hershey Park	2004	17:08	59 th
Bryan Wolf	Hershey Park G	2007	16:57	59 th

Name	Course	Year	Time	Place
Shane Snyder	Hershey Park	2002	17:18	62 nd
Andrew Mahoney	Hershey Park G	2006	16:36	62 nd
Kyle Dawson	Hershey Park	2003	17:24	69 th
Chris Rosato	Hershey Park G	2008	16:20	70 th
Mike McGinley	Hershey Park	2001	17:34	76 th
Jed Nowak	Hershey Park	2003	17:29	78 th
James Smith	Hershey Park	2002	17:24	79 th
Joshua Nowak	Bucknell	2000	17:37	80 th
Ben Goodwin	Hershey Park G	2007	17:06	82 nd
Jesse Yacoe	Bucknell	2000	17:40	87 th
Kevin Ammon	Hershey Park G	2007	17:12	95 th
Scott Shortlidge	Bucknell	2000	17:44	96 th
Jason Leonard	Hershey Park	2005	17:15	96 th
Jed Nowak	Hershey Park	2001	17:43	101 st
Ryan Shaver	Bucknell	2000	17:45	102 nd
Ryan Shaver	Hershey Park	2001	17:45	107 th
Luis Rivera	Penn State	1998	17:04	111 th
Ellis Wilson	Hershey Park	2002	17:43	116 th
Shane Snyder	Hershey Park	2003	17:46	116 th
Chad Gordon	Hershey Park	2005	17:24	116 th
Zach Wilson	Hershey Park G	2007	17:24	122 nd
Matthew Lapp	Lehigh	1999	17:09	123 rd
Scott Shortlidge	Penn State	1998	17:09	124 th
Joe Bekaert	Hershey Park	2003	17:52	128 th
Tom Pannulla	Hershey Park	2005	17:30	131 st
Justin Robertson	Hershey Park	2001	17:58	140 th
David Monachello	Hershey Park	2002	17:59	146 th
Shane Snyder	Hershey Park	2001	18:01	147 th
Jackson Davis	Hershey Park G	2011	17:44	164 th
Justin Robertson	Hershey Park	2003	18:12	171 st
David Monachello	Hershey Park	2001	18:15	173 rd
Joe Bekaert	Hershey Park	2002	18:25	197 th
Josh Beldner	Hershey Park	2004	18:09	209 th
Chad Gordon	Hershey Park	2004	18:22	223 rd
Tyrone LeCato	Penn State	1998	17:46	227 th
Chris Rosato	Hershey Park	2005	18:46	227 th
Keith Andrews	Penn State	1998	17:54	238 th

2000 Cross Country Team	1 st place finish
2006 Cross Country Team	1 st place finish

2004 Cross Country Team	2 nd place finish
2007 Cross Country Team	2 nd place finish
2002 Cross Country Team	4 th place finish
2005 Cross Country Team	4 th place finish
1998 Cross Country Team	5 th place finish
2001 Cross Country Team	6 th place finish
2003 Cross Country Team	6 th place finish

STATE PARTICIPANTS – GIRLS

(1987-2013)

Name	Course	Year	Time	Place
Katie Nowak	Penn State	1998	18:15	3 rd
Kelly O'Connell	Hershey Park	2001	19:12	3 rd
Kelly O'Connell	Bucknell	2000	19:41	8 th
Sheena Crawley	Hershey Park G	2008	19:34	15 th
Allison Heydt	Penn State	1998	19:14	24 th
Kristina Kubala	Hershey Park G	2006	19:03	24 th
Cori Rhoades	Penn State	1992	19:24	26 th
Kelly O'Connell	Lehigh	1999	19:22	42 nd
Kristina Kubala	Hershey Park	2003	20:15	49 th
Deborah Kinsey	Hershey Park	2002	20:28	64 th
Katie Nowak	Penn State	1997	20:04	71 st
Cori Rhoades	Lehigh	1993	20:11	73 rd
Cori Rhoades	Hershey	1991	17:40	76 th
Lynda Buxton	Penn State	1998	19:58	79 th
Katie Nowak	Bucknell	1996	20:35	82 nd
Kelly O'Connell	Penn State	1998	20:02	86 th
Kristina Kubala	Hershey Park	2004	20:41	90 th
Theresa Stanford	Penn State	1998	20:10	104 th
Kristina Kubala	Hershey Park	2005	20:42	134 th
Kirsten Fitch	Hershey Park G	2007	20:57	141 st
Kellyn Wright	Hershey Park	2005	21:03	161 st
Ilea Frankovitch	Penn State	1998	20:47	169 th
Tiffany DiMatteo	Penn State	1998	21:51	238 th

PIAA STATE TEAM TITLES

Team Champions

2000

Ken DiMarzio
Matthew Lapp
Joshua Nowak
Rob Robertson
Ryan Shaver
Scott Shortlidge
James Smith
Jeremiah Wise
Jesse Yoacoe

2006

Kyle Dawson
Owen Dawson
Jason Leonard
Andrew Mahoney
Tom Pannulla
Chris Rosato
Sean Ward

Team Runner-Ups

2004

Josh Beldner
Amin Garnett
Chad Gordon
Jason Leonard
Tom Pannulla
Sean Ward
Ellis Wilson

2007

Kevin Ammon
Ben Goodwin
Billy Hackmeister
Andrew Mahoney
Chris Rosato
Zach Wilson
Bryan Wolf

MID-EAST CROSS COUNTRY CHAMPIONSHIPS

Coatesville Cross Country senior athletes selected to run for the state of Pennsylvania against the best seniors from Ohio, Michigan, Indiana, Kentucky, and Illinois. (Sponsored by the PTFCA).

Katie Nowak	1998
Allison Heydt	1998
Matt Lapp	2000
Rob Robertson	2001
Amin Garnett	2003
Andrew Mahoney	2007

NIKE TEAM NATIONALS NATIONAL CHAMPIONS



**Coatesville Boys Cross Country
(Bridgetown XC Club)
2006**

Kyle Dawson
Owen Dawson
Jason Leonard
Andrew Mahoney
Tom Pannulla
Chris Rosato
Sean Ward